

Age Groups 2008  
Under ASA Laws & ASA Technical Rules of Swimming  
Session - 3

EVENT 32 Girls 09 Yrs/Over 200m IM

09 Yrs/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Katie Bell	15	Cockermouth	2:28.84	698*	32.73	1:10.21	1:54.84
2	Lucy Johnson	14	Cockermouth	2:29.09	695*	35.32	1:13.06	1:53.96
3	Shiona Hattle	17	Co Carlisle	2:31.41	667*	31.96	1:10.13	1:54.08
4	Grace Newlands	13	Copeland	2:31.93	700			
5	Laura Huggon	16	Penrith	2:33.93	638*	34.59	1:10.95	1:58.47
6	Ashleigh Dale	13	Ulverston	2:34.06	673	33.47	1:13.14	1:59.71
7	Jennifer Brown	18	Cockermouth	2:34.90	627*	34.2	1:12.85	1:59.02
8	Karlie Stockdale	12	Barrow ASC	2:39.39	607	36.12	1:16.72	2:03.70
9	Katrina Maccoll	15	Co Carlisle	2:40.53	567*	34.55		2:05.48
10	Amy Richardson	13	Co Carlisle	2:40.99	595	34.43	1:15.79	2:04.43
11	Rosie Halcrow	16	Kendal	2:41.19	560*	34	1:15.38	2:05.62
12	Jessica Sisson	15	Carlisle WP	2:42.13	551*			2:04.87
13	Charlotte Horner	14	Copeland	2:42.72	545*	36.88	1:18.29	2:04.21
14	Sophie Heeley	14	Co Carlisle	2:43.83	534*	35.31	1:18.01	2:06.27
15	Laura Ward	14	Carlisle WP	2:44.12	531*	36.19	1:18.10	2:06.36
16	Kirby Kavanagh	12	Barrow ASC	2:44.86	551	37.7	1:20.45	2:07.84
17	Lucy Warwick	14	Carlisle WP	2:45.12	522*	36.38	1:20.03	2:07.84
18	Courtney Mossop	15	Copeland	2:45.73	516*	38.26	1:19.24	2:07.56
19	Paige Jackson	11	Workington	2:46.25	535	37.59	1:19.48	2:09.30
20	Lorna Hughes	14	Workington	2:46.39	510*	37.04	1:18.56	2:09.42
21	Carla McWilliams	13	Co Carlisle	2:46.91	534		1:18.59	
22	Rebecca Watson	12	Co Carlisle	2:46.95	531	38.21	1:20.12	2:09.68
23	Claire Braithwaite	16	Ulverston	2:47.49	500*	35.59	1:18.64	2:09.01
24	Bethany Fleetwood	14	Kendal	2:47.53	500*	37.48	1:19.74	2:09.46
25	Bethan Richards	13	Troutbeck Br	2:50.67	501	37.12	1:20.15	2:12.82
26	Laura Potts	13	Co Carlisle	2:52.29	486	39.1	1:23.73	2:11.89
27	Rebecca Bailey	12	Cockermouth	2:52.31	482	39.29	1:24.37	2:14.20
28	Naomi Bragg	14	Copeland	2:52.76	455*	39.1	1:21.50	2:13.80
29	Katie Moffatt	15	Barrow ASC	2:53.19	452*	36.27	1:18.59	2:10.21
30	Emma Studholme	14	Carlisle WP	2:53.54	449*	36.87	1:20.67	2:14.24
31	Bethany Titterington	13	Penrith	2:54.20	470	37.35	2:54.33	
32	Emily Richardson	12	Co Carlisle	2:54.73	461	40.6	1:23.87	2:16.54
33	Kathryn Routledge	13	Carlisle WP	2:54.96	464	36.62	1:23.35	2:15.89
34	Hannah Fowler	11	Copeland	2:55.03	458	37.4	1:23.16	2:16.28
35	Sophie Mcmillan	12	Carlisle WP	2:55.69	454	37.91	1:23.36	2:17.36
36	Becky Walley	11	Copeland	2:56.00	450	39.44	1:24.99	2:17.15
37	Michela Kellet	13	Cockermouth	2:56.65	450	39.04	1:23.55	2:17.09
38	Jenny Mather	12	Penrith	2:57.22	441	38.03	1:23.75	2:16.85
39	Lucy Mckenzie	10	Cockermouth	2:57.77	441	40.03	1:25.08	2:19.11
40	Ashleigh Backhouse	10	Co Carlisle	2:57.92	440	38.3	1:24.26	2:18.27
41	Hannah Noble	17	Troutbeck Br	2:59.14	406*	37.15	1:21.25	2:15.55
42	Josephine Horner	11	Copeland	2:59.21	425	44.07	1:31.11	2:19.23
43	Anna Newlands	10	Copeland	2:59.42	429	39.96	1:25.09	2:22.25
44	Amy Barker	11	Carlisle WP	3:00.31	417	39.49	1:26.20	2:19.73
45	Jasmine Balmer	13	Cockermouth	3:00.80	417		1:28.19	
46	Victoria Edgar	12	Ulverston	3:01.31	411	42.11	1:25.54	2:18.78
47	Laura Marr	12	Copeland	3:02.23	404	41.52	1:27.97	2:22.41
48	Sophie Whelan	13	Copeland	3:02.55	404	41.38	1:28.74	2:23.00
49	Zarina Wilson	10	Ulverston	3:02.69	404	40.8	1:25.90	2:23.09
50	Georgia Routledge	14	Co Carlisle	3:03.38	376*	37.43	1:22.09	2:21.21
51	Shannon Mossop	12	Copeland	3:03.61	394			2:25.07
52	Claire Wilson	22	Troutbeck Br	3:03.92	373*	38.99	1:23.98	2:18.37
53	Lisa A Foy	12	Ulverston	3:03.99	391	41.83	1:29.16	2:25.31
54	Clara Minnican	11	Barrow ASC	3:05.05	382	40.29	1:28.52	2:24.75

55	Ella Chester	10	Barrow ASC	3:06.42	378	39.19	1:26.40	2:25.14
56	Justine Marshall	11	Kendal	3:07.60	365	40.36	1:28.15	2:24.73
57	Alix Lancaster	11	Co Carlisle	3:07.92	363	39.7	1:25.39	2:20.12
58	Molly Kenwright	11	Co Carlisle	3:12.25	336	43.38	1:28.11	2:28.86
59	Niamh Johnson	11	Barrow ASC	3:13.33	330	43.57	1:31.78	2:29.79
60	Rebecca Reid	11	Barrow ASC	3:16.21	313	42.31	1:30.63	2:30.01
61	Faye Williams	9	Co Carlisle	3:18.65	314	46.8	1:36.15	2:37.80
62	Amy Richardson	10	Troutbeck Br	3:19.78	298	45.65	1:35.21	2:35.33
63	Katy Johnson	10	Cockermouth	3:20.31	295	46.47	1:36.09	2:33.19
64	Lauren Graham	11	Copeland	3:20.65	289	45.35	1:33.05	2:29.86
65	Sophia Brennan	9	Copeland	3:24.39	283	49.95	1:40.34	
66	Charlotte Williamson	10	Workington	3:24.83	272	46.64	1:37.60	2:36.58
67	Rebecca Lightowler	10	Carlisle WP	3:26.27	265	51.22	1:42.11	
68	Annabel Boleta	10	Kendal	3:31.65	241	49.24	1:47.39	2:44.69
	Olivia Williams	10	Kendal	DNC				
	Caitlin Wren	9	Barrow ASC	DQ	SA-1L	51.65	1:46.47	2:56.99

Swims with \* appended are GB points - NOT age corrected

#### 09 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Faye Williams	9	Co Carlisle	3:18.65	314	46.8	1:36.15	2:37.80
2	Sophia Brennan	9	Copeland	3:24.39	283	49.95	1:40.34	
	Caitlin Wren	9	Barrow ASC	DQ	SA-1L	51.65	1:46.47	2:56.99

#### 10 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Lucy Mckenzie	10	Cockermouth	2:57.77	441	40.03	1:25.08	2:19.11
2	Ashleigh Backhouse	10	Co Carlisle	2:57.92	440	38.3	1:24.26	2:18.27
3	Anna Newlands	10	Copeland	2:59.42	429	39.96	1:25.09	2:22.25
4	Zarina Wilson	10	Ulverston	3:02.69	404	40.8	1:25.90	2:23.09
5	Ella Chester	10	Barrow ASC	3:06.42	378	39.19	1:26.40	2:25.14
6	Amy Richardson	10	Troutbeck Br	3:19.78	298	45.65	1:35.21	2:35.33
7	Katy Johnson	10	Cockermouth	3:20.31	295	46.47	1:36.09	2:33.19
8	Charlotte Williamson	10	Workington	3:24.83	272	46.64	1:37.60	2:36.58
9	Rebecca Lightowler	10	Carlisle WP	3:26.27	265	51.22	1:42.11	
10	Annabel Boleta	10	Kendal	3:31.65	241	49.24	1:47.39	2:44.69
	Olivia Williams	10	Kendal	DNC				

#### 11 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Paige Jackson	11	Workington	2:46.25	535	37.59	1:19.48	2:09.30
2	Hannah Fowler	11	Copeland	2:55.03	458	37.4	1:23.16	2:16.28
3	Becky Walley	11	Copeland	2:56.00	450	39.44	1:24.99	2:17.15
4	Josephine Horner	11	Copeland	2:59.21	425	44.07	1:31.11	2:19.23
5	Amy Barker	11	Carlisle WP	3:00.31	417	39.49	1:26.20	2:19.73
6	Clara Minnican	11	Barrow ASC	3:05.05	382	40.29	1:28.52	2:24.75
7	Justine Marshall	11	Kendal	3:07.60	365	40.36	1:28.15	2:24.73
8	Alix Lancaster	11	Co Carlisle	3:07.92	363	39.7	1:25.39	2:20.12
9	Molly Kenwright	11	Co Carlisle	3:12.25	336	43.38	1:28.11	2:28.86
10	Niamh Johnson	11	Barrow ASC	3:13.33	330	43.57	1:31.78	2:29.79
11	Rebecca Reid	11	Barrow ASC	3:16.21	313	42.31	1:30.63	2:30.01
12	Lauren Graham	11	Copeland	3:20.65	289	45.35	1:33.05	2:29.86

#### 12 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Karlie Stockdale	12	Barrow ASC	2:39.39	607	36.12	1:16.72	2:03.70
2	Kirby Kavanagh	12	Barrow ASC	2:44.86	551	37.7	1:20.45	2:07.84
3	Rebecca Watson	12	Co Carlisle	2:46.95	531	38.21	1:20.12	2:09.68
4	Rebecca Bailey	12	Cockermouth	2:52.31	482	39.29	1:24.37	2:14.20
5	Emily Richardson	12	Co Carlisle	2:54.73	461	40.6	1:23.87	2:16.54
6	Sophie Mcmillan	12	Carlisle WP	2:55.69	454	37.91	1:23.36	2:17.36
7	Jenny Mather	12	Penrith	2:57.22	441	38.03	1:23.75	2:16.85
8	Victoria Edgar	12	Ulverston	3:01.31	411	42.11	1:25.54	2:18.78
9	Laura Marr	12	Copeland	3:02.23	404	41.52	1:27.97	2:22.41
10	Shannon Mossop	12	Copeland	3:03.61	394			2:25.07

11	Lisa A Foy	12	Ulverston	3:03.99	391	41.83	1:29.16	2:25.31
13 Yrs Age Group								
Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Grace Newlands	13	Copeland	2:31.93	700			
2	Ashleigh Dale	13	Ulverston	2:34.06	673	33.47	1:13.14	1:59.71
3	Amy Richardson	13	Co Carlisle	2:40.99	595	34.43	1:15.79	2:04.43
4	Carla McWilliams	13	Co Carlisle	2:46.91	534		1:18.59	
5	Bethan Richards	13	Troutbeck Br	2:50.67	501	37.12	1:20.15	2:12.82
6	Laura Potts	13	Co Carlisle	2:52.29	486	39.1	1:23.73	2:11.89
7	Bethany Titterington	13	Penrith	2:54.20	470	37.35	2:54.33	
8	Kathryn Routledge	13	Carlisle WP	2:54.96	464	36.62	1:23.35	2:15.89
9	Michela Kellet	13	Cockermouth	2:56.65	450	39.04	1:23.55	2:17.09
10	Jasmine Balmer	13	Cockermouth	3:00.80	417		1:28.19	
11	Sophie Whelan	13	Copeland	3:02.55	404	41.38	1:28.74	2:23.00

14 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Lucy Johnson	14	Cockermouth	2:29.09	695*	35.32	1:13.06	1:53.96
2	Charlotte Horner	14	Copeland	2:42.72	545*	36.88	1:18.29	2:04.21
3	Sophie Heeley	14	Co Carlisle	2:43.83	534*	35.31	1:18.01	2:06.27
4	Laura Ward	14	Carlisle WP	2:44.12	531*	36.19	1:18.10	2:06.36
5	Lucy Warwick	14	Carlisle WP	2:45.12	522*	36.38	1:20.03	2:07.84
6	Lorna Hughes	14	Workington	2:46.39	510*	37.04	1:18.56	2:09.42
7	Bethany Fleetwood	14	Kendal	2:47.53	500*	37.48	1:19.74	2:09.46
8	Naomi Bragg	14	Copeland	2:52.76	455*	39.1	1:21.50	2:13.80
9	Emma Studholme	14	Carlisle WP	2:53.54	449*	36.87	1:20.67	2:14.24
10	Georgia Routledge	14	Co Carlisle	3:03.38	376*	37.43	1:22.09	2:21.21

Swims with \* appended are GB points - NOT age corrected

15 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Katie Bell	15	Cockermouth	2:28.84	698*	32.73	1:10.21	1:54.84
2	Katrina Maccoll	15	Co Carlisle	2:40.53	567*	34.55		2:05.48
3	Jessica Sisson	15	Carlisle WP	2:42.13	551*			2:04.87
4	Courtney Mossop	15	Copeland	2:45.73	516*	38.26	1:19.24	2:07.56
5	Katie Moffatt	15	Barrow ASC	2:53.19	452*	36.27	1:18.59	2:10.21

Swims with \* appended are GB points - NOT age corrected

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Shiona Hattle	17	Co Carlisle	2:31.41	667*	31.96	1:10.13	1:54.08
2	Laura Huggon	16	Penrith	2:33.93	638*	34.59	1:10.95	1:58.47
3	Jennifer Brown	18	Cockermouth	2:34.90	627*	34.2	1:12.85	1:59.02
4	Rosie Halcrow	16	Kendal	2:41.19	560*	34	1:15.38	2:05.62
5	Claire Braithwaite	16	Ulverston	2:47.49	500*	35.59	1:18.64	2:09.01
6	Hannah Noble	17	Troutbeck Br	2:59.14	406*	37.15	1:21.25	2:15.55
7	Claire Wilson	22	Troutbeck Br	3:03.92	373*	38.99	1:23.98	2:18.37

Swims with \* appended are GB points - NOT age corrected

EVENT 33 Boys 09 Yrs/Over 200m Butterfly

09 Yrs/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	George Twentyman	16	Co Carlisle	2:20.18	566*	29.62	1:04.65	1:41.49
2	Jake Harrison	14	Carlisle WP	2:22.53	613	30.05	1:05.15	1:43.14
3	Steven Swinglehurst	15	Carlisle WP	2:24.23	521*	31.42	1:07.08	1:45.25
4	John Blain	15	Barrow ASC	2:26.84	494*	31.71	1:08.71	1:47.61
5	James Magill	16	Carlisle WP	2:27.04	492*	31.44	1:08.00	1:47.33
6	Joe P Elwood	14	Ulverston	2:31.82	506	32.23	1:11.09	1:51.80
7	Sean Spencer	15	Ulverston	2:34.14	425*	33.38	1:12.60	1:53.38
8	Ben Osborne	13	Ulverston	2:35.87	487	34.51	1:13.86	1:55.01
9	Fraser Minnican	12	Barrow ASC	2:44.25	433	35.3	1:18.56	2:02.39
10	Curtis Corrie	12	Barrow ASC	2:52.63	364	37.59	1:22.47	2:08.85
11	Austin Wilson	13	Ulverston	2:57.36	313	40.55	1:25.21	2:12.62
12	Jason Bell	13	Carlisle WP	2:57.52	311	37.51	1:20.86	2:08.78
13	Tom Clements	12	Barrow ASC	2:58.46	323	39.32	1:25.04	2:12.16

14	Sam Routledge	11	Carlisle WP	3:03.48	293	39.38	1:26.79	2:16.71
15	Oliver Smith	11	Workington	3:09.91	257	40.67	1:30.30	2:21.25
16	Jordan Hull	10	Co Carlisle	3:27.70	209	43.28	1:36.36	2:34.37
17	Edward Baxter	9	Cockermouth	3:28.02	263	44.3	1:38.31	2:36.53
18	Charlie Mcskeane	10	Co Carlisle	3:33.71	184	47.1	1:44.55	2:40.34
	Elliot Routledge	9	Workington	DQ	SA-1L		1:51.50	2:54.92

Swims with \* appended are GB points - NOT age corrected

#### 09 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Edward Baxter	9	Cockermouth	3:28.02	263	44.3	1:38.31	2:36.53
	Elliot Routledge	9	Workington	DQ	SA-1L		1:51.50	2:54.92

#### 10 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Jordan Hull	10	Co Carlisle	3:27.70	209	43.28	1:36.36	2:34.37
2	Charlie Mcskeane	10	Co Carlisle	3:33.71	184	47.1	1:44.55	2:40.34

#### 11 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Sam Routledge	11	Carlisle WP	3:03.48	293	39.38	1:26.79	2:16.71
2	Oliver Smith	11	Workington	3:09.91	257	40.67	1:30.30	2:21.25

#### 12 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Fraser Minnican	12	Barrow ASC	2:44.25	433	35.3	1:18.56	2:02.39
2	Curtis Corrie	12	Barrow ASC	2:52.63	364	37.59	1:22.47	2:08.85
3	Tom Clements	12	Barrow ASC	2:58.46	323	39.32	1:25.04	2:12.16

#### 13 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Ben Osborne	13	Ulverston	2:35.87	487	34.51	1:13.86	1:55.01
2	Austin Wilson	13	Ulverston	2:57.36	313	40.55	1:25.21	2:12.62
3	Jason Bell	13	Carlisle WP	2:57.52	311	37.51	1:20.86	2:08.78

#### 14 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Jake Harrison	14	Carlisle WP	2:22.53	613	30.05	1:05.15	1:43.14
2	Joe P Elwood	14	Ulverston	2:31.82	506	32.23	1:11.09	1:51.80

#### 15 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Steven Swinglehurst	15	Carlisle WP	2:24.23	521*	31.42	1:07.08	1:45.25
2	John Blain	15	Barrow ASC	2:26.84	494*	31.71	1:08.71	1:47.61
3	Sean Spencer	15	Ulverston	2:34.14	425*	33.38	1:12.60	1:53.38

Swims with \* appended are GB points - NOT age corrected

#### 16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	George Twentyman	16	Co Carlisle	2:20.18	566*	29.62	1:04.65	1:41.49
2	James Magill	16	Carlisle WP	2:27.04	492*	31.44	1:08.00	1:47.33

Swims with \* appended are GB points - NOT age corrected

#### EVENT 34 Girls 09 Yrs/Over 50m Freestyle

#### 09 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt
1	Faye Williams	9	Co Carlisle	36.02	324
2	Annabel Smith	9	Ulverston	37.81	273
3	Sophia Brenan	9	Copeland	38.53	255
4	Sarah Hurtle	9	Kendal	39.09	242
5	Emma Brough	9	Carlisle WP	39.65	229
6	Caitlin Wren	9	Barrow ASC	40.07	220
7	Lucy Gregory	9	Barrow ASC	40.14	219
8	Ruth Mcewen	9	Barrow ASC	40.92	203
9	Rachael Morrell	9	Ulverston	41.16	198
10	Danielle Lancaster	9	Co Carlisle	41.75	187
11	Natasha Hall	9	Carlisle WP	42.54	174
12	Molly Faulkner	9	Kendal	45.03	137

#### 10 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt
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1	Lucy Mckenzie	10 Cockermonth	32.72	471
2	Anna Newlands	10 Copeland	33.75	427
3	Ashleigh Backhouse	10 Co Carlisle	33.89	422
4	Zarina Wilson	10 Ulverston	34.3	405
5	Ella Chester	10 Barrow ASC	34.31	405
6	Annabel Boleta	10 Kendal	35.89	349
7	Charlotte Williamson	10 Workington	36.21	338
8	April Howie	10 Troutbeck Br	36.46	331
9	Amy Richardson	10 Troutbeck Br	36.62	325
10	Rebecca Lightowler	10 Carlisle WP	37.04	313
11	Samantha Graham	10 Carlisle WP	37.11	310
12	Katy Johnson	10 Cockermonth	37.55	298
13	Ellen Jones	10 Penrith	37.62	296
14	Lucy Mather	10 Penrith	37.82	290
15	Lorna Taylor	10 Barrow ASC	39.13	256
16	Rebecca Titterington	10 Penrith	39.27	253
17	Alice Mccone	10 Co Carlisle	39.81	240
18	Stephanie Booth	10 Troutbeck Br	40.29	229
19	Emily Dalzelle	10 Kendal	40.83	218
20	Emily Wild	10 Troutbeck Br	41.16	210
21	Bethany Clark	10 Co Carlisle	41.31	208
22	Heather Dawson	10 Barrow ASC	42.01	195
	Caitlin Mcnaughton	10 Co Carlisle	DNC	
	Holly Kendall	10 Barrow ASC	DNC	
	Olivia Williams	10 Kendal	DNC	

09 Yrs/Over Age Group

Place	Name	AaD Club	Time	BAG Pt
1	Laura Huggon	16 Penrith	28.21	682*
2	Gemma Robinson	15 Cockermonth	28.74	648*
3	Shiona Hattle	17 Co Carlisle	29.22	619*
4	Rosie Halcrow	16 Kendal	29.32	613*
5	Katie Bell	15 Cockermonth	29.73	590*
6	Judy Hattle	47 Co Carlisle	29.84	584*
7	Lucy Johnson	14 Cockermonth	29.87	582*
8	Grace Newlands	13 Copeland	29.96	655
9	Jennifer Brown	18 Cockermonth	29.98	576*
9	Laura Ward	14 Carlisle WP	29.98	576*
11	Katrina Maccoll	15 Co Carlisle	30.02	574*
12	Lorna Hughes	14 Workington	30.23	562*
13	Amy Richardson	13 Co Carlisle	30.27	636
14	Ashleigh Dale	13 Ulverston	30.37	630
15	Joanna Yates	12 Barrow ASC	30.42	628
16	Charlotte Owen	13 Carlisle WP	30.53	620
17	Georgia Denney	12 Kendal	30.64	615
18	Kirby Kavanagh	12 Barrow ASC	30.77	607
18	Katie Moffatt	15 Barrow ASC	30.77	534*
20	Karlie Stockdale	12 Barrow ASC	31.02	592
21	Claire Braithwaite	16 Ulverston	31.22	512*
22	Bethan Richards	13 Troutbeck Br	31.5	565
23	Rebecca Watson	12 Co Carlisle	31.53	565
24	Jenny Mather	12 Penrith	31.58	562
25	Paige Jackson	11 Workington	31.63	547
26	Carla Mcwilliams	13 Co Carlisle	31.71	554
27	Lucy Warwick	14 Carlisle WP	31.78	485*
28	Sophie Mcmillan	12 Carlisle WP	31.87	547
29	Bethany Titterington	13 Penrith	31.95	542
30	Sophie Heeley	14 Co Carlisle	32.02	474*
31	Rebekka Lyall-smith	13 Workington	32.15	531
31	Cara Marshall	14 Kendal	32.15	468*
33	Emma Studholme	14 Carlisle WP	32.18	467*
34	Katie Fowler	13 Copeland	32.22	528

35	Bethany Fleetwood	14 Kendal	32.29	462*
36	Hannah Fowler	11 Copeland	32.34	512
37	Lisa A Foy	12 Ulverston	32.43	519
38	Becky Walley	11 Copeland	32.53	503
39	Charlotte Horner	14 Copeland	32.6	449*
40	Jessica Sisson	15 Carlisle WP	32.66	446*
41	Rebecca Taylor	14 Barrow ASC	32.69	445*
42	Georgia Routledge	14 Co Carlisle	32.7	444*
43	Lucy Mckenzie	10 Cockermouth	32.72	471
44	Kim Berry	14 Penrith	32.77	441*
45	Emily Richardson	12 Co Carlisle	32.8	500
46	Tiffany Charnley	11 Ulverston	32.82	488
47	Kathryn Routledge	13 Carlisle WP	33.1	486
48	Amy Barker	11 Carlisle WP	33.11	475
49	Courtney Mossop	15 Copeland	33.21	423*
50	Emma Braithwaite	13 Ulverston	33.52	467
51	Rebecca Bailey	12 Cockermouth	33.64	462
52	Naomi Bragg	14 Copeland	33.72	403*
53	Anna Newlands	10 Copeland	33.75	427
54	Molly Kenwright	11 Co Carlisle	33.76	447
55	Hazel Marsh	12 Troutbeck Br	33.82	454
56	Michela Kellet	13 Cockermouth	33.85	452
57	Ashleigh Backhouse	10 Co Carlisle	33.89	422
58	Elizabeth Quinn	14 Barrow ASC	33.95	394*
59	Catherine Trafford	11 Cockermouth	33.96	438
60	Laura Potts	13 Co Carlisle	33.97	447
61	Hayley Mcgarr	11 Carlisle WP	34.04	435
61	Claire Wilson	22 Troutbeck Br	34.04	391*
63	Shannon Mossop	12 Copeland	34.08	444
64	Jasmine Balmer	13 Cockermouth	34.18	438
65	Beth Ivison	13 Workington	34.21	437
66	Lydia E Howard	12 Ulverston	34.23	437
66	Laura Mallin	14 Carlisle WP	34.23	384*
68	Zarina Wilson	10 Ulverston	34.3	405
69	Ella Chester	10 Barrow ASC	34.31	405
70	Natalie Hanley	13 Barrow ASC	34.6	421
71	Justine Marshall	11 Kendal	34.64	411
72	Victoria Edgar	12 Ulverston	34.67	418
72	Lauren Graham	11 Copeland	34.67	409
72	Sophie Whelan	13 Copeland	34.67	418
75	Robyn Barclay	11 Kendal	34.74	407
76	Georgia Hevey	12 Troutbeck Br	34.76	415
77	Laura Marr	12 Copeland	34.79	414
77	Rosie Wicks	12 Ulverston	34.79	414
79	Clara Minnican	11 Barrow ASC	34.86	403
80	Lucy Clarke	11 Kendal	34.99	397
81	India Hutchason	11 Barrow ASC	35.2	389
82	Wallis Mcdowall	11 Barrow ASC	35.26	387
83	Rebecca Reid	11 Barrow ASC	35.36	384
84	Niamh Johnson	11 Barrow ASC	35.41	382
85	Louise Bell	12 Carlisle WP	35.46	389
86	Megan Taylor	11 Kendal	35.54	377
87	Katie Higgins	11 Carlisle WP	35.55	377
88	Josephine Horner	11 Copeland	35.7	372
89	Sophie Knowles	12 Kendal	35.74	379
90	Annabel Boleta	10 Kendal	35.89	349
91	Faye Williams	9 Co Carlisle	36.02	324
92	Charlotte Williamson	10 Workington	36.21	338
93	Laura Garrick	11 Troutbeck Br	36.24	353
94	April Howie	10 Troutbeck Br	36.46	331
95	Amy Richardson	10 Troutbeck Br	36.62	325

96	Isla Black	11	Co Carlisle	36.91	330
97	Rebecca Lightowler	10	Carlisle WP	37.04	313
98	Samantha Graham	10	Carlisle WP	37.11	310
99	Courtney Watson	11	Workington	37.18	323
100	Katy Johnson	10	Cockermouth	37.55	298
101	Lauren Watson	11	Co Carlisle	37.59	310
102	Ellen Jones	10	Penrith	37.62	296
103	Annabel Smith	9	Ulverston	37.81	273
104	Lucy Mather	10	Penrith	37.82	290
105	Sophia Brenan	9	Copeland	38.53	255
106	Sarah Hurtley	9	Kendal	39.09	242
107	Lorna Taylor	10	Barrow ASC	39.13	256
108	Rebecca Titterington	10	Penrith	39.27	253
109	Emma Brough	9	Carlisle WP	39.65	229
110	Alice Mccone	10	Co Carlisle	39.81	240
111	Caitlin Wren	9	Barrow ASC	40.07	220
112	Lucy Gregory	9	Barrow ASC	40.14	219
113	Stephanie Booth	10	Troutbeck Br	40.29	229
114	Emily Dalzelle	10	Kendal	40.83	218
115	Ruth Mcewen	9	Barrow ASC	40.92	203
116	Rachael Morrell	9	Ulverston	41.16	198
116	Emily Wild	10	Troutbeck Br	41.16	210
118	Bethany Clark	10	Co Carlisle	41.31	208
119	Danielle Lancaster	9	Co Carlisle	41.75	187
120	Heather Dawson	10	Barrow ASC	42.01	195
121	Natasha Hall	9	Carlisle WP	42.54	174
122	Molly Faulkner	9	Kendal	45.03	137
	Caitlin Mcnaughton	10	Co Carlisle	DNC	
	Holly Kendall	10	Barrow ASC	DNC	
	Olivia Williams	10	Kendal	DNC	
	Hannah Noble	17	Troutbeck Br	DNC	

Swims with \* appended are GB points - NOT age corrected

#### 11 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt
1	Paige Jackson	11	Workington	31.63	547
2	Hannah Fowler	11	Copeland	32.34	512
3	Becky Walley	11	Copeland	32.53	503
4	Tiffany Charnley	11	Ulverston	32.82	488
5	Amy Barker	11	Carlisle WP	33.11	475
6	Molly Kenwright	11	Co Carlisle	33.76	447
7	Catherine Trafford	11	Cockermouth	33.96	438
8	Hayley Mcgarr	11	Carlisle WP	34.04	435
9	Justine Marshall	11	Kendal	34.64	411
10	Lauren Graham	11	Copeland	34.67	409
11	Robyn Barclay	11	Kendal	34.74	407
12	Clara Minnican	11	Barrow ASC	34.86	403
13	Lucy Clarke	11	Kendal	34.99	397
14	India Hutchason	11	Barrow ASC	35.2	389
15	Wallis Mcdowall	11	Barrow ASC	35.26	387
16	Rebecca Reid	11	Barrow ASC	35.36	384
17	Niamh Johnson	11	Barrow ASC	35.41	382
18	Megan Taylor	11	Kendal	35.54	377
19	Katie Higgins	11	Carlisle WP	35.55	377
20	Josephine Horner	11	Copeland	35.7	372
21	Laura Garrick	11	Troutbeck Br	36.24	353
22	Isla Black	11	Co Carlisle	36.91	330
23	Courtney Watson	11	Workington	37.18	323
24	Lauren Watson	11	Co Carlisle	37.59	310

#### 12 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt
1	Joanna Yates	12	Barrow ASC	30.42	628

2	Georgia Denney	12 Kendal	30.64	615
3	Kirby Kavanagh	12 Barrow ASC	30.77	607
4	Karlie Stockdale	12 Barrow ASC	31.02	592
5	Rebecca Watson	12 Co Carlisle	31.53	565
6	Jenny Mather	12 Penrith	31.58	562
7	Sophie Mcmillan	12 Carlisle WP	31.87	547
8	Lisa A Foy	12 Ulverston	32.43	519
9	Emily Richardson	12 Co Carlisle	32.8	500
10	Rebecca Bailey	12 Cockerthorpe	33.64	462
11	Hazel Marsh	12 Troutbeck Br	33.82	454
12	Shannon Mossop	12 Copeland	34.08	444
13	Lydia E Howard	12 Ulverston	34.23	437
14	Victoria Edgar	12 Ulverston	34.67	418
15	Georgia Hevey	12 Troutbeck Br	34.76	415
16	Laura Marr	12 Copeland	34.79	414
16	Rosie Wicks	12 Ulverston	34.79	414
18	Louise Bell	12 Carlisle WP	35.46	389
19	Sophie Knowles	12 Kendal	35.74	379

#### 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt
1	Grace Newlands	13 Copeland	29.96	655
2	Amy Richardson	13 Co Carlisle	30.27	636
3	Ashleigh Dale	13 Ulverston	30.37	630
4	Charlotte Owen	13 Carlisle WP	30.53	620
5	Bethan Richards	13 Troutbeck Br	31.5	565
6	Carla McWilliams	13 Co Carlisle	31.71	554
7	Bethany Titterington	13 Penrith	31.95	542
8	Rebekka Lyall-smith	13 Workington	32.15	531
9	Katie Fowler	13 Copeland	32.22	528
10	Kathryn Routledge	13 Carlisle WP	33.1	486
11	Emma Braithwaite	13 Ulverston	33.52	467
12	Michela Kellet	13 Cockerthorpe	33.85	452
13	Laura Potts	13 Co Carlisle	33.97	447
14	Jasmine Balmer	13 Cockerthorpe	34.18	438
15	Beth Ivison	13 Workington	34.21	437
16	Natalie Hanley	13 Barrow ASC	34.6	421
17	Sophie Whelan	13 Copeland	34.67	418

#### 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt
1	Lucy Johnson	14 Cockerthorpe	29.87	582*
2	Laura Ward	14 Carlisle WP	29.98	576*
3	Lorna Hughes	14 Workington	30.23	562*
4	Lucy Warwick	14 Carlisle WP	31.78	485*
5	Sophie Heeley	14 Co Carlisle	32.02	474*
6	Cara Marshall	14 Kendal	32.15	468*
7	Emma Studholme	14 Carlisle WP	32.18	467*
8	Bethany Fleetwood	14 Kendal	32.29	462*
9	Charlotte Horner	14 Copeland	32.6	449*
10	Rebecca Taylor	14 Barrow ASC	32.69	445*
11	Georgia Routledge	14 Co Carlisle	32.7	444*
12	Kim Berry	14 Penrith	32.77	441*
13	Naomi Bragg	14 Copeland	33.72	403*
14	Elizabeth Quinn	14 Barrow ASC	33.95	394*
15	Laura Mallin	14 Carlisle WP	34.23	384*

Swims with \* appended are GB points - NOT age corrected

#### 15 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt
1	Gemma Robinson	15 Cockerthorpe	28.74	648*
2	Katie Bell	15 Cockerthorpe	29.73	590*
3	Katrina Maccoll	15 Co Carlisle	30.02	574*
4	Katie Moffatt	15 Barrow ASC	30.77	534*

5	Jessica Sisson	15 Carlisle WP	32.66	446*
6	Courtney Mossop	15 Copeland	33.21	423*

Swims with \* appended are GB points - NOT age corrected

#### 16 Yrs/Over Age Group

Place	Name	AaD Club	Time	BAG Pt
1	Laura Huggon	16 Penrith	28.21	682*
2	Shiona Hattle	17 Co Carlisle	29.22	619*
3	Rosie Halcrow	16 Kendal	29.32	613*
4	Judy Hattle	47 Co Carlisle	29.84	584*
5	Jennifer Brown	18 Cockermouth	29.98	576*
6	Claire Braithwaite	16 Ulverston	31.22	512*
7	Claire Wilson	22 Troutbeck Br	34.04	391*
	Hannah Noble	17 Troutbeck Br	DNC	

Swims with \* appended are GB points - NOT age corrected

#### EVENT 35 Boys 12 Yrs/Over 100m Breaststroke

#### 16 Yrs/Over Age Group

Place	Name	AaD Club	Time	BAG Pt	
1	Matthew Nicholson	16 Co Carlisle	1:12.17	575*	34.5
2	Daniel Heeley	18 Co Carlisle	1:14.65	521*	34.95
3	Jamie Warwick	16 Carlisle WP	1:15.05	513*	35.36
4	Nathan Higgins	18 Carlisle WP	1:15.67	500*	35.42
5	Joshua Murphy	16 Troutbeck Br	1:18.25	452*	36
6	Mark Hobbs	16 Copeland	1:19.39	432*	37.75
7	Ian Scott	19 Co Carlisle	1:20.13	419*	37.4
8	Alasdair Grubb	17 Co Carlisle	1:21.64	395*	38.46

Swims with \* appended are GB points - NOT age corrected

#### 15 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	
1	John Blain	15 Barrow ASC	1:12.17	575*	33.69
2	Ryan Clifford	15 Cockermouth	1:12.32	571*	33.98
3	Steven Swinglehurst	15 Carlisle WP	1:14.39	527*	35.45
4	James Milligan	15 Workington	1:26.11	331*	39.43

Swims with \* appended are GB points - NOT age corrected

#### 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	
1	David Thompson	14 Barrow ASC	1:18.93	495	36.97
2	Jared Minnican	14 Barrow ASC	1:22.06	438	38.75
3	Jake Harrison	14 Carlisle WP	1:25.78	377	40.5
4	Harry Twentyman	14 Co Carlisle	1:26.56	366	40.56
5	Matthew Kelly	14 Co Carlisle	1:26.58	366	40.25
6	Joe P Elwood	14 Ulverston	1:34.40	268	44.19

#### 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	
1	Jack Barker	13 Co Carlisle	1:21.55	459	37.6
2	Ben Osborne	13 Ulverston	1:24.52	407	40.1
3	Matthew Holmes	13 Barrow ASC	1:28.74	345	41.97
4	Jason Bell	13 Carlisle WP	1:29.33	337	43.37
5	Tom Ryden	13 Workington	1:29.74	332	42.67
6	Ryan Wilkie	13 Carlisle WP	1:30.37	324	42.52

#### 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	
1	Fraser Minnican	12 Barrow ASC	1:26.78	399	42.21
2	Curtis Corrie	12 Barrow ASC	1:31.32	333	43.2
3	Haydn Birkett	12 Copeland	1:37.92	256	46.45
	Alex Carlton	12 Kendal	DQ	ST-1L	43.11

#### 12 Yrs/Over Age Group

Place	Name	AaD Club	Time	BAG Pt	
1	John Blain	15 Barrow ASC	1:12.17	575*	33.69
1	Matthew Nicholson	16 Co Carlisle	1:12.17	575*	34.5
3	Ryan Clifford	15 Cockermouth	1:12.32	571*	33.98
4	Steven Swinglehurst	15 Carlisle WP	1:14.39	527*	35.45

5	Daniel Heeley	18	Co Carlisle	1:14.65	521*	34.95
6	Jamie Warwick	16	Carlisle WP	1:15.05	513*	35.36
7	Nathan Higgins	18	Carlisle WP	1:15.67	500*	35.42
8	Joshua Murphy	16	Troutbeck Br	1:18.25	452*	36
9	David Thompson	14	Barrow ASC	1:18.93	495	36.97
10	Mark Hobbs	16	Copeland	1:19.39	432*	37.75
11	Ian Scott	19	Co Carlisle	1:20.13	419*	37.4
12	Jack Barker	13	Co Carlisle	1:21.55	459	37.6
13	Alasdair Grubb	17	Co Carlisle	1:21.64	395*	38.46
14	Jared Minnican	14	Barrow ASC	1:22.06	438	38.75
15	Ben Osborne	13	Ulverston	1:24.52	407	40.1
16	Jake Harrison	14	Carlisle WP	1:25.78	377	40.5
17	James Milligan	15	Workington	1:26.11	331*	39.43
18	Harry Twentyman	14	Co Carlisle	1:26.56	366	40.56
19	Matthew Kelly	14	Co Carlisle	1:26.58	366	40.25
20	Fraser Minnican	12	Barrow ASC	1:26.78	399	42.21
21	Matthew Holmes	13	Barrow ASC	1:28.74	345	41.97
22	Jason Bell	13	Carlisle WP	1:29.33	337	43.37
23	Tom Ryden	13	Workington	1:29.74	332	42.67
24	Ryan Wilkie	13	Carlisle WP	1:30.37	324	42.52
25	Curtis Corrie	12	Barrow ASC	1:31.32	333	43.2
26	Joe P Elwood	14	Ulverston	1:34.40	268	44.19
27	Haydn Birkett	12	Copeland	1:37.92	256	46.45
	Alex Carlton	12	Kendal	DQ	ST-1L	43.11

Swims with \* appended are GB points - NOT age corrected

EVENT 36 FINAL OF EVENT 34 Girls 09 Yrs 50m Freestyle

Place	Name	AaD	Club	Time	BAG Pt
1	Faye Williams	9	Co Carlisle	35.9	328
2	Annabel Smith	9	Ulverston	37.86	272
3	Sophia Brenan	9	Copeland	37.93	270
4	Sarah Hurtley	9	Kendal	38.83	248
5	Caitlin Wren	9	Barrow ASC	39.36	235
6	Emma Brough	9	Carlisle WP	39.97	222

EVENT 37 FINAL OF EVENT 34 Girls 10 Yrs 50m Freestyle

Place	Name	AaD	Club	Time	BAG Pt
1	Lucy Mckenzie	10	Cockermouth	32.57	478
2	Anna Newlands	10	Copeland	32.83	467
3	Ashleigh Backhouse	10	Co Carlisle	33.36	443
4	Ella Chester	10	Barrow ASC	33.52	437
5	Zarina Wilson	10	Ulverston	33.83	424
6	Annabel Boleta	10	Kendal	36.41	332

EVENT 38 FINAL OF EVENT 35 Boys 16 Yrs/Over 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	50
1	Matthew Nicholson	16	Co Carlisle	1:11.61	588*	34.25
2	Daniel Heeley	18	Co Carlisle	1:14.96	515*	35.44
3	Jamie Warwick	16	Carlisle WP	1:15.51	504*	35.39
4	Nathan Higgins	18	Carlisle WP	1:16.93	476*	36.52
5	Joshua Murphy	16	Troutbeck Br	1:18.92	440*	37.35
6	Mark Hobbs	16	Copeland	1:19.46	431*	36.98

Swims with \* appended are GB points - NOT age corrected

EVENT 39 FINAL OF EVENT 35 Boys 15 Yrs 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	50
1	John Blain	15	Barrow ASC	1:10.93	604*	33.36
2	Steven Swinglehurst	15	Carlisle WP	1:11.56	589*	34.05
3	Ryan Clifford	15	Cockermouth	1:11.89	581*	33.73
	James Milligan	15	Workington	DNC		

Swims with \* appended are GB points - NOT age corrected

EVENT 40 FINAL OF EVENT 35 Boys 14 Yrs 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	50
1	Jake Harrison	14	Carlisle WP	1:16.28	550	35.99
2	David Thompson	14	Barrow ASC	1:16.58	544	36.06

3	Jared Minnican	14	Barrow ASC	1:19.01	493	36.57
4	Matthew Kelly	14	Co Carlisle	1:23.97	405	39.33
5	Harry Twentyman	14	Co Carlisle	1:24.05	404	38.48
6	Joe P Elwood	14	Ulverston	1:30.12	317	41.26

EVENT 41 FINAL OF EVENT 35 Boys 13 Yrs 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	50
1	Jack Barker	13	Co Carlisle	1:18.80	511	36.61
2	Jason Bell	13	Carlisle WP	1:25.21	397	41.19
3	Ryan Wilkie	13	Carlisle WP	1:25.62	390	40.58
4	Matthew Holmes	13	Barrow ASC	1:25.63	390	41.01
5	Tom Ryden	13	Workington	1:30.00	328	42.76
	Ben Osborne	13	Ulverston	DQ	ST-	37.97

EVENT 42 FINAL OF EVENT 35 Boys 12 Yrs 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	50
1	Fraser Minnican	12	Barrow ASC	1:24.43	438	40.22
2	Curtis Corrie	12	Barrow ASC	1:26.90	398	41.42
3	Haydn Birkett	12	Copeland	1:35.66	281	44.44

EVENT 43 FINAL OF EVENT 33 Boys 09 Yrs/Over 200m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	George Twentyman	16	Co Carlisle	2:20.47	563*	31.04	1:06.03	1:41.86
2	Jake Harrison	14	Carlisle WP	2:26.25	567	31.26	1:07.55	1:46.51
3	Joe P Elwood	14	Ulverston	2:30.15	524	32.7	1:11.21	1:51.53
4	James Magill	16	Carlisle WP	2:30.60	457*	32.5	1:10.35	1:50.75
5	Sean Spencer	15	Ulverston	2:32.66	438*	34.21	1:12.76	1:52.97
6	John Blain	15	Barrow ASC	2:39.28	383*	33.52	1:13.51	1:56.48

Swims with \* appended are GB points - NOT age corrected

EVENT 44 FINAL OF EVENT 34 Girls 09 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time	BAG Pt
1	Laura Huggon	16	Penrith	28.16	685*
2	Shiona Hattle	17	Co Carlisle	28.48	664*
3	Gemma Robinson	15	Cockermouth	28.94	636*
4	Judy Hattle	47	Co Carlisle	29.85	583*
5	Rosie Halcrow	16	Kendal	29.93	579*
6	Katie Bell	15	Cockermouth	31.2	513*

Swims with \* appended are GB points - NOT age corrected

EVENT 45 FINAL OF EVENT 35 Boys 12 Yrs/Over 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	50
1	Matthew Nicholson	16	Co Carlisle	1:11.12	599*	33.91
2	John Blain	15	Barrow ASC	1:11.79	584*	33.59
3	Ryan Clifford	15	Cockermouth	1:11.80	583*	34.17
4	Steven Swinglehurst	15	Carlisle WP	1:12.82	560*	34.4
5	Daniel Heeley	18	Co Carlisle	1:15.70	500*	35.16
6	Jamie Warwick	16	Carlisle WP	1:16.14	491*	35.53

Swims with \* appended are GB points - NOT age corrected

EVENT 46 FINAL OF EVENT 32 Girls 09 Yrs/Over 200m IM

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1	Katie Bell	15	Cockermouth	2:25.33	744*	31.6	1:07.78	1:50.79
2	Shiona Hattle	17	Co Carlisle	2:29.65	688*	32.16	1:09.31	1:53.08
3	Lucy Johnson	14	Cockermouth	2:30.79	674*	35.85	1:14.20	1:55.41
4	Ashleigh Dale	13	Ulverston	2:33.46	680	33.47	1:12.51	1:59.67
5	Grace Newlands	13	Copeland	2:34.53	668	35.11	1:14.68	1:59.14
6	Laura Huggon	16	Penrith	2:37.88	594*	35.76	1:14.39	2:02.11

Swims with \* appended are GB points - NOT age corrected