

EVENT 1 Girls Open 200m IM

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|----------------------|-----|--------------|---------|---------|---------|---------|
| 1 | Karlie Stockdale | 13 | Barrow | 2:35.96 | 34.31 | 1:13.30 | 2:00.87 |
| 2 | Lucy Warwick | 14 | Carlisle WP | 2:40.45 | | | |
| 3 | Charlotte Horner | 14 | Copeland | 2:40.78 | 36.53 | 1:18.33 | 2:02.97 |
| 4 | Katrina Maccoll | 15 | Co Carlisle | 2:42.58 | 34.55 | 1:16.53 | 2:05.86 |
| 5 | Lorna Hughes | 14 | Workington | 2:42.70 | | | |
| 6 | Kirby Kavanagh | 12 | Barrow | 2:45.84 | 36.65 | 1:19.50 | 2:08.01 |
| 7 | Hannah Fowler | 12 | Copeland | 2:46.81 | 35.79 | 1:18.90 | 2:08.94 |
| 8 | Courtney Mossop | 15 | Copeland | 2:47.99 | | | |
| 9 | Becky Walley | 11 | Copeland | 2:48.60 | 38.66 | 1:24.02 | 2:12.79 |
| 10 | Emma Studholme | 14 | Carlisle WP | 2:48.94 | | | |
| 11 | Laura Ward | 14 | Carlisle WP | 2:49.77 | 37.40 | 1:20.48 | 2:09.44 |
| 12 | Charlotte Owen | 14 | Carlisle WP | 2:51.14 | 34.40 | 1:16.83 | 2:11.54 |
| 13 | Anna Newlands | 10 | Copeland | 2:51.44 | | | |
| 14 | Rebecca Bailey | 13 | Cockermouth | 2:52.85 | 39.44 | 1:22.80 | 2:13.27 |
| 15 | Michela Kellet | 13 | Cockermouth | 2:53.89 | 37.73 | 1:21.22 | 2:14.55 |
| 16 | Naomi Bragg | 15 | Copeland | 2:54.44 | | | |
| 17 | Sophie Mcmillan | 12 | Carlisle WP | 2:55.10 | 37.51 | 1:21.93 | 2:14.83 |
| 18 | Laura Marr | 12 | Copeland | 2:55.51 | 39.88 | 1:24.95 | 2:16.65 |
| 19 | Shannon Mossop | 12 | Copeland | 2:58.69 | 43.55 | 1:30.74 | 2:21.15 |
| 20 | Sophie Whelan | 14 | Copeland | 3:01.99 | 41.12 | 1:27.32 | 2:21.18 |
| 21 | Clara Minnican | 11 | Barrow | 3:02.85 | 39.30 | 1:27.18 | 2:23.08 |
| 22 | Courtney Watson | 11 | Workington | 3:07.12 | 44.73 | 1:32.25 | 2:25.98 |
| 23 | Alexandra Armstrong | 13 | Carlisle WP | 3:08.18 | 43.90 | 1:28.51 | 2:26.90 |
| 24 | Rebecca Reid | 11 | Barrow | 3:08.96 | 42.57 | 1:28.74 | 2:25.19 |
| 25 | Lauren Munro bennett | 13 | Troutbeck Br | 3:09.31 | 42.02 | 1:29.77 | 2:23.01 |
| 26 | Louise Bell | 12 | Carlisle WP | 3:10.17 | 41.77 | 1:32.33 | 2:26.87 |
| 27 | Lauren Graham | 11 | Copeland | 3:10.89 | 45.48 | 1:34.62 | 2:28.73 |
| 28 | Laura Garrick | 12 | Troutbeck Br | 3:11.19 | 47.60 | 1:35.29 | 2:30.69 |
| 29 | India Hutchason | 11 | Barrow | 3:11.73 | 44.49 | 1:36.89 | 2:31.75 |
| 30 | Hayley Mcgarr | 11 | Carlisle WP | 3:14.59 | 44.22 | 1:30.17 | 2:31.41 |
| 31 | Lauren Watson | 11 | Co Carlisle | 3:16.08 | 43.44 | 1:33.42 | 2:32.66 |
| 32 | Aimee Mann | 12 | Barrow | 3:16.60 | 47.77 | 1:33.87 | 2:34.43 |
| 33 | Niamh Johnson | 11 | Barrow | 3:17.44 | 43.95 | 1:32.73 | 2:32.75 |
| 34 | Jessica Rose | 10 | Carlisle WP | 3:18.74 | 45.60 | 1:36.50 | 2:35.32 |
| 35 | Sophia Brenan | 9 | Copeland | 3:18.98 | 46.96 | 1:37.10 | 2:34.74 |
| 36 | Rebecca Lightowler | 11 | Carlisle WP | 3:20.77 | 49.99 | 1:40.30 | 2:36.89 |
| 37 | Rosie Johnstone | 10 | Cockermouth | 3:24.92 | 47.22 | 1:39.09 | 2:37.31 |
| 38 | Olivia Williams | 10 | Kendal | 3:26.59 | 44.31 | 1:41.14 | 2:40.17 |
| 39 | Emily Wild | 10 | Troutbeck Br | 3:27.43 | 45.52 | 1:35.95 | 2:38.95 |
| 40 | Emma Brough | 10 | Carlisle WP | 3:33.12 | 49.48 | 1:43.35 | 2:45.79 |
| 41 | Ruth Mcewen | 9 | Barrow | 3:39.47 | 48.77 | 1:44.38 | 2:50.70 |
| 42 | Caitlin Wren | 10 | Barrow | 3:41.14 | 50.71 | 1:49.97 | 2:53.99 |
| 43 | Becky Robertshaw | 9 | Carlisle WP | 4:09.49 | 55.18 | 1:55.63 | 3:11.38 |
| 44 | Natasha Knight | 11 | Troutbeck Br | 4:17.58 | 1:01.57 | 2:05.45 | 3:16.03 |
| | Jordan Brooks | 9 | Barrow | DNC | | | |
| | Katy Johnson | 11 | Cockermouth | DNC | | | |
| | Grace Newlands | 13 | Copeland | DNC | | | |

EVENT 2 Boys Open 200m IM

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|---------------------|-----|-------------|---------|-------|---------|---------|
| 1 | Steven Swinglehurst | 15 | Carlisle WP | 2:16.31 | 29.81 | 1:04.02 | 1:43.65 |
| 2 | John Blain | 15 | Barrow | 2:21.18 | 30.04 | 1:05.40 | 1:47.46 |

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|------------------------|-----------------|---------|-------|---------|---------|
| 3 Fraser Minnican | 12 Barrow | 2:31.20 | 33.33 | 1:12.14 | 1:56.74 |
| 4 Matthew Grieve | 15 Carlisle WP | 2:33.38 | 32.35 | 1:13.19 | 1:57.60 |
| 5 Matthew Holmes | 14 Barrow | 2:34.08 | 33.34 | 1:12.38 | 1:59.68 |
| 6 Sam Kaye | 16 Troutbeck Br | 2:34.47 | 33.03 | 1:13.31 | 1:59.78 |
| 7 Joseph Hilton | 15 Barrow | 2:40.68 | 33.98 | 1:16.49 | 2:05.10 |
| 8 Paul Van iterson | 14 Carlisle WP | 2:41.01 | 35.83 | 1:15.52 | 2:04.94 |
| 9 Jason Bell | 14 Carlisle WP | 2:42.71 | 34.93 | 1:17.61 | 2:05.38 |
| 10 Ryan Wilkie | 13 Carlisle WP | 2:45.42 | 38.45 | 1:19.14 | 2:07.80 |
| 11 Noel Howson | 13 Carlisle WP | 2:45.94 | 35.91 | 1:17.66 | 2:10.23 |
| 12 Graham Blair | 16 Copeland | 2:47.67 | 34.76 | 1:15.96 | 2:09.20 |
| 13 Michael Robinson | 14 Carlisle WP | 2:48.59 | 35.82 | 1:19.40 | 2:09.06 |
| 14 Jack Kenwright | 12 Co Carlisle | 2:51.51 | 36.79 | 1:19.95 | 2:14.66 |
| 15 Tom Clements | 13 Barrow | 2:53.20 | 37.04 | 1:23.24 | 2:14.40 |
| 16 Andrew Kerr | 12 Barrow | 2:55.63 | 40.51 | 1:20.72 | 2:16.69 |
| 17 James Henderson | 12 Co Carlisle | 2:57.11 | 39.85 | 1:25.53 | 2:16.17 |
| 18 Jack Lee | 12 Co Carlisle | 2:58.25 | 41.03 | 1:24.36 | 2:18.57 |
| 19 Scott Munro bennett | 11 Troutbeck Br | 2:59.36 | 35.91 | 1:23.88 | 2:18.52 |
| 20 Charlie Mcskeane | 10 Co Carlisle | 3:00.74 | 40.24 | 1:26.02 | 2:21.17 |
| 21 Richard Stamper | 11 Copeland | 3:03.54 | 40.66 | 1:29.74 | 2:23.31 |
| 22 Scott Bailey | 11 Copeland | 3:05.48 | 43.72 | 1:32.96 | 2:26.04 |
| 23 Andrew Mcalinden | 12 Barrow | 3:05.62 | 40.59 | 1:26.98 | 2:27.43 |
| 24 Sean Brenan | 11 Copeland | 3:06.35 | 42.81 | 1:30.56 | 2:26.07 |
| 25 Joseph Richards | 12 Ulverston | 3:11.87 | 44.33 | 1:33.69 | 2:33.27 |
| 26 Thomas Millburn | 10 Workington | 3:12.05 | 44.37 | 1:33.10 | 2:29.38 |
| 27 Michael Cheetham | 11 Ulverston | 3:14.20 | 43.31 | 1:33.40 | 2:32.00 |
| 28 Paul Baldueza | 12 Copeland | 3:15.64 | 44.09 | 1:34.08 | 2:33.39 |
| 29 Ben Carhart | 11 Copeland | 3:16.61 | 43.17 | 1:31.77 | 2:31.53 |
| 30 Vincent Sue | 11 Barrow | 3:18.57 | 49.69 | 1:39.52 | 2:38.25 |
| 31 Michael Studholme | 11 Carlisle WP | 3:22.89 | 45.52 | 1:38.52 | 2:38.57 |
| 32 Bradley Kavanagh | 11 Barrow | 3:29.26 | 47.44 | 1:42.34 | 2:43.33 |
| 33 Ben Leighton | 9 Co Carlisle | 3:30.55 | 49.58 | 1:38.98 | 2:45.16 |
| 34 Matthew Swan | 10 Ulverston | 3:32.33 | 48.90 | 1:43.97 | 2:48.07 |
| 35 Robert Henderson | 9 Co Carlisle | 3:44.33 | 51.89 | 1:47.03 | 2:50.28 |
| 36 Joseph Sharpe | 9 Barrow | 3:48.52 | 56.09 | 1:51.80 | 2:59.14 |
| 37 Liam Studholme | 9 Carlisle WP | 3:51.74 | 54.09 | 1:53.45 | 2:56.85 |
| 38 Callum Seton | 10 Troutbeck Br | 4:22.01 | 58.28 | 2:00.89 | 3:18.89 |
| Luke Reid | 9 Barrow | DQ | | T-3L | |
| Alistair Martin | 10 Cockermouth | DQ | | T-4L | |

EVENT 3 Girls 09/11 Yrs 50m Breaststroke

09 Yrs Age Group

| Place | Name | AaD | Club | Time | |
|-------|----------------------|-----|--------------|---------|-------|
| 1 | Amber Patterson | 9 | Co Carlisle | 54.46 | |
| 2 | Annalise Younghusban | 9 | Workington | 56.97 | |
| 3 | Amy Dalzell | 9 | Kendal | 57.46 | |
| 4 | Poppy Balmer | 9 | Cockermouth | 1:01.70 | |
| 5 | Chloe Carr | 9 | Copeland | 1:03.08 | |
| 6 | Abbie Wild | 9 | Troutbeck Br | 1:07.03 | |
| 7 | Laura Moore | 9 | Copeland | 1:13.43 | |
| | Francesca Barry | 9 | Ulverston | DNC | |
| | Jordan Brooks | 9 | Barrow | DNC | |
| | Chelsea Atkinson | 9 | Cockermouth | DNC | |
| | Courtney Knight | 9 | Troutbeck Br | DQ | SL-1L |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time | Speeding Ticket |
|-------|----------------------|-----|--------------|---------|-----------------|
| | Courtney Watson | 11 | Workington | 44.99 | Speeding Ticket |
| 1 | Anna Newlands | 10 | Copeland | 45.72 | |
| 2 | Stephanie Booth | 10 | Troutbeck Br | 45.84 | |
| 3 | Molly Kenwright | 11 | Co Carlisle | 46.31 | |
| 4 | Lucinda Macmillan | 11 | Carlisle WP | 46.48 | |
| 5 | Rebecca Reid | 11 | Barrow | 46.79 | |
| 6 | India Hutchason | 11 | Barrow | 46.87 | |
| 7 | Niamh Johnson | 11 | Barrow | 47.66 | |
| 8 | Rebecca Lightowler | 11 | Carlisle WP | 48.46 | |
| 9 | Olivia Williams | 10 | Kendal | 48.58 | |
| 10 | Isla Black | 11 | Co Carlisle | 49.11 | |
| 11 | Jessica Rose | 10 | Carlisle WP | 49.16 | |
| 12 | Leah Mansergh | 11 | Co Carlisle | 49.22 | |
| 13 | Annabel Boleta | 11 | Kendal | 49.28 | |
| 14 | Chloe Patterson | 11 | Co Carlisle | 49.40 | |
| 15 | Hayley Mcgarr | 11 | Carlisle WP | 49.48 | |
| 16 | Emily Dalzell | 10 | Kendal | 49.53 | |
| 17 | Lauren Watson | 11 | Co Carlisle | 49.61 | |
| 18 | Rosie Johnstone | 10 | Cockermouth | 49.95 | |
| 19 | Rebekah Booth | 11 | Troutbeck Br | 50.50 | |
| 20 | Holly Kendall | 10 | Barrow | 51.05 | |
| 21 | Hannah Haney | 11 | Workington | 51.81 | |
| 22 | Natasha Hall | 10 | Carlisle WP | 53.41 | |
| 23 | Rebecca Titterington | 10 | Penrith | 53.61 | |
| 24 | Alexandra Graham | 10 | Copeland | 53.65 | |
| 25 | Caitlin Wren | 10 | Barrow | 54.55 | |
| 26 | Bryony Whitehead | 10 | Carlisle WP | 54.70 | |
| 27 | Bethany Clark | 10 | Co Carlisle | 54.89 | |
| 28 | Rebecca Clark | 10 | Cockermouth | 55.01 | |
| 29 | Jo Beattie | 10 | Copeland | 55.48 | |
| 30 | Hannah Mattinson | 11 | Co Carlisle | 55.83 | |
| 31 | Josie Danson | 11 | Carlisle WP | 56.74 | |
| 32 | Elizabeth Howell | 11 | Cockermouth | 57.81 | |
| 33 | Lucy Fleming | 10 | Workington | 58.50 | |
| 34 | Aisling Mccracken | 10 | Barrow | 1:00.65 | |
| 35 | Natasha Knight | 11 | Troutbeck Br | 1:00.82 | |
| 36 | Megan Jones | 10 | Copeland | 1:05.79 | |
| | Katy Johnson | 11 | Cockermouth | DNC | |
| | Eleanor Hatch | 11 | Cockermouth | DQ | SL-1L |
| | Katie Higgins | 11 | Carlisle WP | DQ | SL-1L |
| | Roxanne Davies | 11 | Barrow | DQ | T-1L |

EVENT 4 Boys 09/11 Yrs 50m Breaststroke

09 Yrs Age Group

| Place | Name | AaD | Club | Time | Speeding Ticket |
|-------|----------------------|-----|------------|-------|-----------------|
| | Benjamin Lyall-smith | 9 | Workington | 52.06 | Speeding Ticket |
| | Alistair Jeal | 9 | Penrith | 52.20 | Speeding Ticket |
| 1 | Keiran Watson | 9 | Workington | 55.02 | |
| 2 | Adam Ellis | 9 | Barrow | 55.40 | |
| 3 | Luke Dalzell | 9 | Kendal | 55.53 | |
| 4 | Jamie Warriner | 9 | Barrow | 55.95 | |
| 5 | Joseph Sharpe | 9 | Barrow | 56.97 | |
| 6 | Andrew Shakespeare | 9 | Workington | 57.19 | |

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|----|-------------------|---|-------------|---------|------|
| 7 | Nicholas Maudling | 9 | Copeland | 57.32 | |
| 8 | Andrew Jeal | 9 | Penrith | 57.53 | |
| 9 | Luke Reid | 9 | Barrow | 58.58 | |
| 10 | Josh Russell | 9 | Co Carlisle | 58.97 | |
| 11 | Jake Stockdale | 9 | Barrow | 1:01.46 | |
| | John Stoker | 9 | Copeland | DQ | T-1L |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time | |
|-------|---------------------|-----|--------------|---------|-----------------|
| | Scott Munro bennett | 11 | Troutbeck Br | 44.45 | Speeding Ticket |
| 1 | Sam Holland | 10 | Carnforth | 47.74 | |
| 2 | Michael Studholme | 11 | Carlisle WP | 47.92 | |
| 3 | James Porthouse | 10 | Workington | 47.95 | |
| 4 | Christian Balmer | 11 | Cockermouth | 48.08 | |
| 5 | Michael Cheetham | 11 | Ulverston | 48.41 | |
| 6 | Thomas Millburn | 10 | Workington | 49.43 | |
| 7 | Sebastian Barry | 10 | Ulverston | 49.78 | |
| 8 | Ben Carhart | 11 | Copeland | 50.15 | |
| 9 | Sean Brenan | 11 | Copeland | 51.00 | |
| 10 | Jamie Briggs | 11 | Barrow | 51.12 | |
| 11 | Robbie Harris | 11 | Carlisle WP | 51.22 | |
| 12 | Myles Kilshaw | 10 | Kendal | 52.02 | |
| 13 | Jamie Edmondson | 11 | Workington | 53.05 | |
| 14 | Bradley Kavanagh | 11 | Barrow | 53.44 | |
| 15 | Matthew Swan | 10 | Ulverston | 54.06 | |
| 16 | Daniel Nixon | 11 | Barrow | 55.46 | |
| 17 | Richard Marr | 10 | Copeland | 57.51 | |
| 18 | Callum Evans | 10 | Carlisle WP | 57.84 | |
| 19 | Andrew Mullins | 10 | Co Carlisle | 1:00.55 | |
| 20 | Ben Brownbridge | 10 | Copeland | 1:02.09 | |
| 21 | Max Graham | 10 | Co Carlisle | 1:06.04 | |
| | Mitchell Sloan | 10 | Copeland | DNC | |
| | Callum Robinson | 10 | Ulverston | DNC | |
| | Jack Earl | 10 | Workington | DQ | SL-1L |

EVENT 5 Girls 12 Yrs/Over 100m Butterfly

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|---------------------|-----|-------------|---------|-------|
| 1 | Hannah Fowler | 12 | Copeland | 1:18.72 | 36.72 |
| 2 | Kirby Kavanagh | 12 | Barrow | 1:18.85 | 36.75 |
| 3 | Michela Kellet | 13 | Cockermouth | 1:21.69 | |
| 4 | Sophie Mcmillan | 12 | Carlisle WP | 1:24.20 | 38.24 |
| 5 | Shannon Mossop | 12 | Copeland | 1:37.89 | |
| 6 | Alexandra Armstrong | 13 | Carlisle WP | 1:38.14 | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|-------------|---------|-------|
| 1 | Lucy Warwick | 14 | Carlisle WP | 1:16.00 | 35.51 |
| 2 | Lorna Hughes | 14 | Workington | 1:16.44 | 36.41 |
| 3 | Sarah Hill | 15 | Workington | 1:20.09 | 36.56 |
| 4 | Charlotte Owen | 14 | Carlisle WP | 1:20.38 | 35.69 |
| 5 | Charlotte Horner | 14 | Copeland | 1:20.64 | |
| 6 | Courtney Mossop | 15 | Copeland | 1:21.93 | 38.10 |
| 7 | Naomi Bragg | 15 | Copeland | 1:22.19 | 38.79 |
| 8 | Emma Studholme | 14 | Carlisle WP | 1:23.32 | 37.21 |
| 9 | Laura Ward | 14 | Carlisle WP | 1:25.03 | 38.23 |

16 Yrs/Over Age Group

| Place | Name | AaD Club | Time | 50 |
|-------|--------------|-----------------|---------|-------|
| 1 | Hannah Noble | 17 Troutbeck Br | 1:19.69 | 36.04 |

EVENT 6 Boys 12 Yrs/Over 100m Butterfly

12/13 Yrs Age Group

| Place | Name | AaD Club | Time | 50 |
|-------|------------------|----------------|---------|-------|
| 1 | Tom Clements | 13 Barrow | 1:20.12 | 37.28 |
| 2 | Jack Kenwright | 12 Co Carlisle | 1:23.25 | 38.45 |
| 3 | Andrew Kerr | 12 Barrow | 1:25.76 | 40.03 |
| 4 | Jack Lee | 12 Co Carlisle | 1:27.67 | 41.34 |
| 5 | Ross Campbell | 12 Ulverston | 1:28.54 | 41.64 |
| 6 | Andrew Robinson | 12 Carlisle WP | 1:29.87 | 41.77 |
| 7 | Andrew Mcalinden | 12 Barrow | 1:30.26 | 41.57 |
| 8 | James Henderson | 12 Co Carlisle | 1:33.70 | 42.71 |
| 9 | Jon Donachy | 12 Workington | 1:39.54 | 43.92 |

14/15 Yrs Age Group

| Place | Name | AaD Club | Time | 50 |
|-------|------------------|----------------|---------|-------|
| 1 | Matthew Grieve | 15 Carlisle WP | 1:11.47 | 32.88 |
| 2 | Matthew Holmes | 14 Barrow | 1:11.49 | 33.13 |
| 3 | Jason Bell | 14 Carlisle WP | 1:15.57 | 35.20 |
| 4 | Paul Van iterson | 14 Carlisle WP | 1:16.75 | 35.43 |
| 5 | Michael Robinson | 14 Carlisle WP | 1:19.51 | 36.12 |

16 Yrs/Over Age Group

| Place | Name | AaD Club | Time | 50 |
|-------|--------------|-----------------|---------|-------|
| 1 | Ben Davis | 17 Troutbeck Br | 1:16.70 | 33.78 |
| 2 | Graham Blair | 16 Copeland | 1:19.60 | 35.52 |

EVENT 7 Girls Open 100m IM

| Place | Name | AaD Club | Time | 50 |
|-------|------------------|-----------------|---------|-------|
| 1 | Karlie Stockdale | 13 Barrow | 1:13.92 | 34.38 |
| 2 | Katrina Maccoll | 15 Co Carlisle | 1:15.16 | 33.77 |
| 3 | Laura Ward | 14 Carlisle WP | 1:15.66 | 34.89 |
| 4 | Lucy Warwick | 14 Carlisle WP | 1:16.03 | 35.76 |
| 5 | Lorna Hughes | 14 Workington | 1:17.58 | 35.98 |
| 6 | Kirby Kavanagh | 12 Barrow | 1:18.57 | 37.73 |
| 7 | Courtney Mossop | 15 Copeland | 1:18.84 | 38.26 |
| 8 | Emma Studholme | 14 Carlisle WP | 1:19.23 | 35.88 |
| 9 | Anna Broadbent | 12 Cocker mouth | 1:19.53 | 36.96 |
| 10 | Becky Walley | 11 Copeland | 1:19.89 | 38.00 |
| 11 | Hannah Fowler | 12 Copeland | 1:21.33 | 37.14 |
| 12 | Naomi Bragg | 15 Copeland | 1:21.34 | 38.42 |
| 13 | Rebecca Bailey | 13 Cocker mouth | 1:22.00 | 37.79 |
| 14 | Hannah Noble | 17 Troutbeck Br | 1:22.19 | 38.45 |
| 15 | Zoe Barrett | 13 Troutbeck Br | 1:22.25 | 38.05 |
| 16 | Anna Newlands | 10 Copeland | 1:22.60 | 37.86 |
| 17 | Sophie Mcmillan | 12 Carlisle WP | 1:23.02 | 38.34 |
| 18 | Michela Kellet | 13 Cocker mouth | 1:23.27 | 38.82 |
| 19 | Shannon Mossop | 12 Copeland | 1:24.12 | 40.94 |
| 20 | Laura Marr | 12 Copeland | 1:24.36 | 39.72 |
| 21 | Clara Minnican | 11 Barrow | 1:24.56 | 38.86 |
| 22 | Diana Ridley | 13 Workington | 1:24.77 | 38.48 |
| 23 | Molly Kenwright | 11 Co Carlisle | 1:26.00 | 38.35 |

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|----|----------------------|-----------------|---------|-------|
| 24 | Lauren Graham | 11 Copeland | 1:26.57 | 39.71 |
| 25 | Sophie Whelan | 14 Copeland | 1:26.61 | 40.30 |
| 26 | Laura Garrick | 12 Troutbeck Br | 1:27.46 | 39.69 |
| 27 | Lauren Munro bennett | 13 Troutbeck Br | 1:27.59 | 39.90 |
| 28 | Hazel Marsh | 12 Troutbeck Br | 1:29.11 | 41.78 |
| 29 | Rebecca Reid | 11 Barrow | 1:29.21 | 40.53 |
| 30 | Courtney Watson | 11 Workington | 1:30.09 | 43.27 |
| 31 | Louise Bell | 12 Carlisle WP | 1:30.23 | 43.09 |
| 32 | Katie Higgins | 11 Carlisle WP | 1:30.57 | 39.66 |
| 33 | Alexandra Armstrong | 13 Carlisle WP | 1:30.59 | 41.76 |
| 34 | Aimee Mann | 12 Barrow | 1:30.75 | 42.23 |
| 35 | India Hutchason | 11 Barrow | 1:31.02 | 43.60 |
| 36 | Sophie Houghton | 12 Cockermonth | 1:31.06 | 42.67 |
| 37 | Niamh Johnson | 11 Barrow | 1:31.94 | 42.07 |
| 38 | Hayley Mcgarr | 11 Carlisle WP | 1:32.03 | 41.61 |
| 39 | Esme Kilshaw | 12 Carnforth | 1:32.29 | 43.17 |
| 40 | Lucinda Macmillan | 11 Carlisle WP | 1:32.84 | 44.97 |
| 41 | Rebekah Booth | 11 Troutbeck Br | 1:33.46 | 45.11 |
| 42 | Emily Wild | 10 Troutbeck Br | 1:33.49 | 41.64 |
| 43 | Rosie Russell cohen | 12 Troutbeck Br | 1:33.75 | 45.08 |
| 44 | Rebecca Lightowler | 11 Carlisle WP | 1:33.90 | 45.82 |
| 45 | Annabel Boleta | 11 Kendal | 1:34.48 | 44.80 |
| 46 | Lauren Watson | 11 Co Carlisle | 1:34.73 | 44.14 |
| 47 | Holly Kendall | 10 Barrow | 1:34.87 | 44.23 |
| 48 | Isla Black | 11 Co Carlisle | 1:34.91 | 44.67 |
| 49 | Olivia Williams | 10 Kendal | 1:35.46 | 44.74 |
| 50 | Sophia Brenan | 9 Copeland | 1:35.47 | 44.57 |
| 51 | Leah Mansergh | 11 Co Carlisle | 1:36.72 | 43.79 |
| 52 | Stephanie Booth | 10 Troutbeck Br | 1:36.75 | 46.26 |
| 53 | Rebecca Titterington | 10 Penrith | 1:37.74 | 45.91 |
| 54 | Rosie Johnstone | 10 Cockermonth | 1:38.61 | 46.29 |
| 55 | Bryony Whitehead | 10 Carlisle WP | 1:38.64 | 46.26 |
| 56 | Natasha Hall | 10 Carlisle WP | 1:39.30 | 46.10 |
| 57 | Emily Dalzell | 10 Kendal | 1:39.47 | 48.34 |
| 58 | Caitlin Wren | 10 Barrow | 1:39.52 | 46.64 |
| 59 | Chloe Patterson | 11 Co Carlisle | 1:39.60 | 48.56 |
| 60 | Ruth Mcewen | 9 Barrow | 1:41.60 | 47.25 |
| 61 | Lucy jane Wilson | 9 Carlisle WP | 1:43.18 | 47.18 |
| 62 | Rebecca Clark | 10 Cockermonth | 1:43.65 | 47.32 |
| 63 | Lorna Taylor | 10 Barrow | 1:44.77 | 48.79 |
| 64 | Vicky Miskelly | 13 Cockermonth | 1:44.92 | 47.39 |
| 65 | Hannah Mattinson | 11 Co Carlisle | 1:47.25 | 48.47 |
| 66 | Alexandra Graham | 10 Copeland | 1:47.41 | 49.12 |
| 67 | Roxanne Davies | 11 Barrow | 1:48.26 | 50.93 |
| 68 | Amber Patterson | 9 Co Carlisle | 1:49.30 | 53.91 |
| 69 | Lucy Fleming | 10 Workington | 1:53.10 | 50.07 |
| 70 | Abbie Wild | 9 Troutbeck Br | 1:58.26 | 54.89 |
| 71 | Aisling Mccracken | 10 Barrow | 1:58.76 | 53.54 |
| 72 | Annalise Younghusban | 9 Workington | 1:58.86 | 56.32 |
| 73 | Amy Dalzell | 9 Kendal | 1:59.93 | 56.18 |
| 74 | Josie Danson | 11 Carlisle WP | 2:10.03 | 59.99 |
| | Jordan Brooks | 9 Barrow | DNC | |
| | Chelsea Atkinson | 9 Cockermonth | DNC | |
| | Katy Johnson | 11 Cockermonth | DNC | |
| | Charlotte Horner | 14 Copeland | DQ | ST- |

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|--------------|----------------|----|------|
| Poppy Balmer | 9 Cockermouth | DQ | T-2L |
| Jessica Rose | 10 Carlisle WP | DQ | T-3L |

EVENT 8 Boys Open 100m IM

| Place | Name | AaD | Club | Time | 50.00 |
|-------|---------------------|-----|--------------|---------|-------|
| 1 | Steven Swinglehurst | 15 | Carlisle WP | 1:02.90 | 29.17 |
| 2 | John Blain | 15 | Barrow | 1:03.45 | 29.93 |
| 3 | Matthew Grieve | 15 | Carlisle WP | 1:11.50 | 34.17 |
| 4 | Fraser Minnican | 12 | Barrow | 1:11.80 | 35.75 |
| 5 | Matthew Holmes | 14 | Barrow | 1:12.09 | 33.67 |
| 6 | Joseph Hilton | 15 | Barrow | 1:13.94 | 34.05 |
| 7 | Paul Van iterson | 14 | Carlisle WP | 1:15.73 | 35.14 |
| 8 | Mark Davis | 14 | Troutbeck Br | 1:15.90 | 34.70 |
| 9 | Jason Bell | 14 | Carlisle WP | 1:15.98 | 36.27 |
| 10 | Ben Davis | 17 | Troutbeck Br | 1:16.61 | 34.89 |
| 11 | Noel Howson | 13 | Carlisle WP | 1:16.63 | 34.30 |
| 12 | Ryan Wilkie | 13 | Carlisle WP | 1:17.31 | 36.93 |
| 13 | Graham Blair | 16 | Copeland | 1:17.39 | 36.06 |
| 14 | Michael Robinson | 14 | Carlisle WP | 1:18.21 | 36.56 |
| 15 | Daniel Booth | 33 | Troutbeck Br | 1:19.14 | 36.53 |
| 16 | James Henderson | 12 | Co Carlisle | 1:20.70 | 37.96 |
| 17 | Jack Kenwright | 12 | Co Carlisle | 1:21.15 | 37.71 |
| 18 | Scott Munro bennett | 11 | Troutbeck Br | 1:22.96 | 37.81 |
| 19 | Cameron Jeal | 13 | Penrith | 1:23.67 | 38.58 |
| 20 | Andrew Kerr | 12 | Barrow | 1:24.19 | 38.48 |
| 21 | Tom Clements | 13 | Barrow | 1:24.27 | 39.18 |
| 22 | Jack Lee | 12 | Co Carlisle | 1:24.40 | 40.09 |
| 23 | Andrew Robinson | 12 | Carlisle WP | 1:25.30 | 38.20 |
| 24 | Charlie Mcskeane | 10 | Co Carlisle | 1:26.37 | 41.29 |
| 25 | Ross Campbell | 12 | Ulverston | 1:26.52 | 40.35 |
| 26 | Alex Clark | 13 | Cockermouth | 1:26.74 | 39.88 |
| 27 | Richard Stamper | 11 | Copeland | 1:28.38 | 42.42 |
| 28 | Joseph Richards | 12 | Ulverston | 1:29.76 | 42.13 |
| 29 | Thomas Millburn | 10 | Workington | 1:30.48 | 42.32 |
| 30 | Scott Bailey | 11 | Copeland | 1:30.61 | 44.92 |
| 31 | Michael Cheetham | 11 | Ulverston | 1:31.01 | 43.49 |
| 32 | Sean Brenan | 11 | Copeland | 1:31.57 | 42.69 |
| 33 | Vincent Sue | 11 | Barrow | 1:32.11 | 43.25 |
| 34 | Paul Baldueza | 12 | Copeland | 1:32.86 | 44.50 |
| 35 | Ben Carhart | 11 | Copeland | 1:32.88 | 44.66 |
| 36 | Michael Studholme | 11 | Carlisle WP | 1:36.32 | 46.91 |
| 37 | Robbie Harris | 11 | Carlisle WP | 1:37.89 | 47.00 |
| 38 | Bradley Kavanagh | 11 | Barrow | 1:38.24 | 46.63 |
| 39 | Alistair Jeal | 9 | Penrith | 1:38.28 | 45.59 |
| 40 | Matthew Swan | 10 | Ulverston | 1:38.43 | 44.19 |
| 41 | Sebastian Barry | 10 | Ulverston | 1:39.35 | 44.68 |
| 42 | Ben Leighton | 9 | Co Carlisle | 1:40.18 | 45.48 |
| 43 | Joshua Brenan | 9 | Copeland | 1:40.58 | 46.85 |
| 44 | James Porthouse | 10 | Workington | 1:40.67 | 48.21 |
| 45 | Daniel Nixon | 11 | Barrow | 1:41.68 | 46.41 |
| 46 | Robert Henderson | 9 | Co Carlisle | 1:42.75 | 46.54 |
| 47 | Jack Earl | 10 | Workington | 1:42.85 | 49.97 |
| 48 | Luke Reid | 9 | Barrow | 1:44.45 | 47.70 |
| 49 | Joseph Sharpe | 9 | Barrow | 1:45.09 | 51.13 |

| | | | | | | |
|----|----------------------|----|--------------|---------|-------------|---------|
| 50 | Andrew Jeal | 9 | Penrith | 1:45.36 | | 48.96 |
| 51 | Liam Studholme | 9 | Carlisle WP | 1:45.37 | | 51.48 |
| 52 | Alex Armstrong | 9 | Carlisle WP | 1:46.69 | | 52.72 |
| 53 | Nicholas Maudling | 9 | Copeland | 1:48.71 | | 50.68 |
| 54 | Richard Marr | 10 | Copeland | 1:49.39 | | 51.59 |
| 55 | Adam Ellis | 9 | Barrow | 1:51.36 | | 54.10 |
| 56 | Luke Dalzell | 9 | Kendal | 1:52.45 | | 51.83 |
| 57 | Callum Seton | 10 | Troutbeck Br | 1:53.26 | | 50.71 |
| 58 | Josh Russell | 9 | Co Carlisle | 1:57.98 | | 59.51 |
| 59 | Jamie Warriner | 9 | Barrow | 1:58.87 | | 58.37 |
| 60 | Keiran Watson | 9 | Workington | 1:59.78 | | 1:59.30 |
| 61 | Max Graham | 10 | Co Carlisle | 2:02.34 | | 59.23 |
| 62 | Ben Brownbridge | 10 | Copeland | 2:08.53 | | 1:03.38 |
| | Jamie Briggs | 11 | Barrow | DNC | | |
| | Andrew Mullins | 10 | Co Carlisle | DQ | SA-1L | 59.08 |
| | Alistair Martin | 10 | Cockermouth | DQ | ST- 1:00.95 | |
| | Benjamin Lyall-smith | 9 | Workington | DQ | ST- | |
| | Callum Evans | 10 | Carlisle WP | DQ | ST- | |
| | Andrew Mcalinden | 12 | Barrow | DQ | T-2L | 39.88 |

EVENT 9 Girls 09/11 Yrs 50m Butterfly

09 Yrs Age Group

| Place | Name | AaD | Club | Time | |
|-------|-----------------------|-----|--------------|---------|-------|
| 1 | Lucy jane Wilson | 9 | Carlisle WP | 49.15 | |
| 2 | Becky Robertshaw | 9 | Carlisle WP | 55.65 | |
| 3 | Laura Moore | 9 | Copeland | 57.73 | |
| 4 | Abbie Wild | 9 | Troutbeck Br | 59.87 | |
| 5 | Amy Dalzell | 9 | Kendal | 1:00.10 | |
| 6 | Annalise Younghusband | 9 | Workington | 1:02.19 | |
| | Chelsea Atkinson | 9 | Cockermouth | DNC | |
| | Francesca Barry | 9 | Ulverston | DNC | |
| | Jordan Brooks | 9 | Barrow | DNC | |
| | Poppy Balmer | 9 | Cockermouth | DQ | SL-1L |
| | Amber Patterson | 9 | Co Carlisle | DQ | SL-1L |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|--------------------|-----|--------------|-------|
| 1 | India Hutchason | 11 | Barrow | 39.88 |
| 2 | Emily Wild | 10 | Troutbeck Br | 41.34 |
| 3 | Lauren Graham | 11 | Copeland | 42.14 |
| 4 | Lauren Watson | 11 | Co Carlisle | 42.36 |
| 5 | Jessica Rose | 10 | Carlisle WP | 43.26 |
| 6 | Olivia Williams | 10 | Kendal | 43.30 |
| 7 | Hayley Mcgarr | 11 | Carlisle WP | 43.68 |
| 8 | Isla Black | 11 | Co Carlisle | 43.75 |
| 9 | Annabel Boleta | 11 | Kendal | 44.24 |
| 10 | Leah Mansergh | 11 | Co Carlisle | 45.34 |
| 11 | Caitlin Wren | 10 | Barrow | 45.48 |
| 12 | Courtney Watson | 11 | Workington | 45.64 |
| 13 | Natasha Hall | 10 | Carlisle WP | 46.27 |
| 14 | Rebecca Lightowler | 11 | Carlisle WP | 46.62 |
| 15 | Holly Kendall | 10 | Barrow | 47.10 |
| 16 | Bryony Whitehead | 10 | Carlisle WP | 47.95 |
| 17 | Chloe Patterson | 11 | Co Carlisle | 48.21 |
| 18 | Hannah Haney | 11 | Workington | 48.41 |

| | | | |
|----|----------------------|-----------------|---------|
| 19 | Emma Brough | 10 Carlisle WP | 48.54 |
| 20 | Rebecca Titterington | 10 Penrith | 49.59 |
| 21 | Hannah Mattinson | 11 Co Carlisle | 49.84 |
| 22 | Emily Dalzell | 10 Kendal | 50.08 |
| 23 | Lucy Fleming | 10 Workington | 50.77 |
| 24 | Rosie Johnstone | 10 Cockermouth | 51.76 |
| 25 | Alexandra Graham | 10 Copeland | 55.04 |
| 26 | Bethany Clark | 10 Co Carlisle | 57.42 |
| 27 | Aisling Mccracken | 10 Barrow | 1:01.65 |
| 28 | Natasha Knight | 11 Troutbeck Br | 1:03.31 |
| 29 | Josie Danson | 11 Carlisle WP | 1:19.72 |
| | Katy Johnson | 11 Cockermouth | DNC |

EVENT 10 Boys 09/11 Yrs 50m Butterfly
09 Yrs Age Group

| Place | Name | AaD | Club | Time | |
|-------|----------------------|-----|-------------|---------|-------|
| 1 | Luke Reid | 9 | Barrow | 47.80 | |
| 2 | Andrew Jeal | 9 | Penrith | 52.17 | |
| 3 | Robert Henderson | 9 | Co Carlisle | 52.90 | |
| 4 | Luke Dalzell | 9 | Kendal | 54.14 | |
| 5 | Joseph Sharpe | 9 | Barrow | 55.18 | |
| 6 | Josh Russell | 9 | Co Carlisle | 56.56 | |
| 7 | Nicholas Maudling | 9 | Copeland | 56.69 | |
| 8 | Liam Studholme | 9 | Carlisle WP | 57.71 | |
| 9 | Alex Armstrong | 9 | Carlisle WP | 59.77 | |
| 10 | Benjamin Lyall-smith | 9 | Workington | 1:16.24 | |
| | Adam Ellis | 9 | Barrow | DNC | |
| | Keiran Watson | 9 | Workington | DQ | SA-2L |
| | Alistair Craig | 9 | Copeland | DQ | ST- |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time | |
|-------|-------------------|-----|--------------|---------|--|
| 1 | Michael Cheetham | 11 | Ulverston | 40.09 | |
| 2 | Daniel Nixon | 11 | Barrow | 41.21 | |
| 3 | Sean Brenan | 11 | Copeland | 41.49 | |
| 3 | Scott Bailey | 11 | Copeland | 41.49 | |
| 5 | Ben Carhart | 11 | Copeland | 43.41 | |
| 6 | Thomas Millburn | 10 | Workington | 43.77 | |
| 7 | Matthew Swan | 10 | Ulverston | 44.39 | |
| 8 | Michael Studholme | 11 | Carlisle WP | 46.57 | |
| 9 | Vincent Sue | 11 | Barrow | 47.57 | |
| 10 | Bradley Kavanagh | 11 | Barrow | 47.58 | |
| 11 | Robbie Harris | 11 | Carlisle WP | 52.43 | |
| 12 | Jack Earl | 10 | Workington | 53.54 | |
| 13 | Richard Marr | 10 | Copeland | 56.36 | |
| 14 | Alistair Martin | 10 | Cockermouth | 59.69 | |
| 15 | Callum Seton | 10 | Troutbeck Br | 1:00.45 | |
| 16 | Mitchell Sloan | 10 | Copeland | 1:02.26 | |
| 17 | Ben Brownbridge | 10 | Copeland | 1:08.03 | |
| | Callum Evans | 10 | Carlisle WP | DNC | |
| | Edward Baxter | 10 | Cockermouth | DNC | |
| | Jamie Briggs | 11 | Barrow | DNC | |

EVENT 11 Girls 12 Yrs/Over 100m Freestyle

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|----------------------|-----|--------------|---------|-----------------------|
| | Anna Broadbent | 12 | Cockermouth | 1:09.09 | 33.75 Speeding Ticket |
| 1 | Michela Kellet | 13 | Cockermouth | 1:11.80 | 35.21 |
| 2 | Laura Marr | 12 | Copeland | 1:11.88 | 34.92 |
| 3 | Rebecca Bailey | 13 | Cockermouth | 1:11.96 | 34.67 |
| 4 | Sophie Mcmillan | 12 | Carlisle WP | 1:12.11 | 34.66 |
| 5 | Shannon Mossop | 12 | Copeland | 1:13.00 | 35.60 |
| 6 | Zoe Barrett | 13 | Troutbeck Br | 1:13.60 | 35.47 |
| 7 | Aimee Mann | 12 | Barrow | 1:15.48 | 36.08 |
| 8 | Diana Ridley | 13 | Workington | 1:16.23 | 37.68 |
| 9 | Louise Bell | 12 | Carlisle WP | 1:17.52 | 37.64 |
| 10 | Hazel Marsh | 12 | Troutbeck Br | 1:17.78 | 37.62 |
| 11 | Alexandra Armstrong | 13 | Carlisle WP | 1:17.90 | 37.62 |
| 12 | Lauren Munro bennett | 13 | Troutbeck Br | 1:18.55 | 36.55 |
| 13 | Laura Garrick | 12 | Troutbeck Br | 1:21.26 | 39.31 |
| 14 | Sarah Beattie | 12 | Copeland | 1:23.99 | 38.75 |
| 15 | Rosie Russell cohen | 12 | Troutbeck Br | 1:28.12 | 40.56 |
| 16 | Vicky Miskelly | 13 | Cockermouth | 1:36.89 | 43.47 |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|-------------|---------|-------|
| 1 | Lucy Warwick | 14 | Carlisle WP | 1:06.80 | 32.37 |
| 2 | Charlotte Horner | 14 | Copeland | 1:07.36 | 33.19 |
| 3 | Sarah Hill | 15 | Workington | 1:10.20 | 33.64 |
| 4 | Naomi Bragg | 15 | Copeland | 1:11.30 | 34.56 |
| 5 | Courtney Mossop | 15 | Copeland | 1:11.54 | 34.56 |
| 6 | Emma Studholme | 14 | Carlisle WP | 1:12.82 | 35.12 |
| | Sophie Whelan | 14 | Copeland | DNC | |

16 Yrs/Over Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|--------------|-----|--------------|---------|-------|
| 1 | Hannah Noble | 17 | Troutbeck Br | 1:09.97 | 34.14 |

EVENT 12 Boys 12 Yrs/Over 100m Freestyle

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|-------------|---------|-------|
| 1 | Jack Kenwright | 12 | Co Carlisle | 1:08.34 | 33.06 |
| 2 | Tom Clements | 13 | Barrow | 1:10.95 | 34.38 |
| 3 | Andrew Mcalinden | 12 | Barrow | 1:11.34 | 34.48 |
| 4 | Andrew Kerr | 12 | Barrow | 1:11.65 | 35.85 |
| 5 | James Henderson | 12 | Co Carlisle | 1:12.92 | 34.76 |
| 6 | Andrew Robinson | 12 | Carlisle WP | 1:13.35 | 35.83 |
| 7 | Jack Lee | 12 | Co Carlisle | 1:14.27 | 35.89 |
| 8 | Joseph Richards | 12 | Ulverston | 1:15.01 | 36.23 |
| 9 | Ross Campbell | 12 | Ulverston | 1:16.45 | 37.96 |
| 10 | Paul Baldueza | 12 | Copeland | 1:17.17 | 38.41 |
| 11 | Cameron Jeal | 13 | Penrith | 1:17.31 | 37.69 |
| 12 | Oliver Armstrong | 12 | Co Carlisle | 1:26.24 | 38.17 |
| | Jon Donachy | 12 | Workington | DNC | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|----------------|-----|--------------|---------|-----------------------|
| | Joseph Hilton | 15 | Barrow | 1:01.09 | 29.62 Speeding Ticket |
| 1 | Matthew Holmes | 14 | Barrow | 1:01.98 | 30.12 |
| 2 | Jason Bell | 14 | Carlisle WP | 1:05.75 | 32.64 |
| 3 | Mark Davis | 14 | Troutbeck Br | 1:06.44 | 31.57 |

| | | | | | |
|---|------------------|----|-------------|---------|-------|
| 4 | Paul Van iterson | 14 | Carlisle WP | 1:07.44 | 32.78 |
| 5 | Michael Robinson | 14 | Carlisle WP | 1:07.85 | 33.02 |
| 6 | Daniel North | 15 | Barrow | 1:09.37 | 32.78 |

16 Yrs/Over Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|--------------|-----|--------------|---------|-------|
| 1 | Ben Davis | 17 | Troutbeck Br | 1:02.02 | 30.91 |
| 2 | Sam Kaye | 16 | Troutbeck Br | 1:03.21 | 30.37 |
| 3 | Graham Blair | 16 | Copeland | 1:05.09 | 30.99 |
| 4 | Daniel Booth | 33 | Troutbeck Br | 1:07.38 | 31.50 |

EVENT 13 Girls Open 200m Freestyle

09 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|-------------|---------|-------|---------|---------|
| 1 | Sophia Brenan | 9 | Copeland | 2:53.84 | 40.41 | 1:25.37 | 2:10.36 |
| 2 | Ruth Mcewen | 9 | Barrow | 3:19.25 | | | 2:29.60 |
| 3 | Becky Robertshaw | 9 | Carlisle WP | 3:47.25 | | | 2:48.78 |
| | Jordan Brooks | 9 | Barrow | DNC | | | |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|--------------------|-----|--------------|---------|-------|---------|---------|
| 1 | Becky Walley | 11 | Copeland | 2:30.02 | 35.25 | 1:14.33 | 1:54.48 |
| 2 | Anna Newlands | 10 | Copeland | 2:32.17 | 36.40 | 1:15.93 | 1:55.14 |
| 3 | Molly Kenwright | 11 | Co Carlisle | 2:34.65 | 35.98 | 1:16.02 | 1:57.04 |
| 4 | Clara Minnican | 11 | Barrow | 2:35.19 | 35.83 | 1:16.22 | 1:56.94 |
| 5 | Katie Higgins | 11 | Carlisle WP | 2:50.06 | 38.48 | 1:23.66 | 2:09.55 |
| 6 | Courtney Watson | 11 | Workington | 2:50.98 | 39.93 | 1:23.83 | 2:09.03 |
| 7 | Rebecca Reid | 11 | Barrow | 2:52.98 | 39.47 | 1:25.29 | 2:11.64 |
| 8 | India Hutchason | 11 | Barrow | 2:53.23 | 41.72 | 1:27.34 | 2:12.93 |
| 9 | Rebecca Lightowler | 11 | Carlisle WP | 2:56.25 | 41.70 | 1:27.39 | 2:14.13 |
| 10 | Hayley Mcgarr | 11 | Carlisle WP | 2:57.83 | 40.96 | 1:27.78 | 2:15.59 |
| 11 | Rebekah Booth | 11 | Troutbeck Br | 2:59.92 | | | 2:13.80 |
| 12 | Lauren Graham | 11 | Copeland | 3:00.12 | 42.58 | 1:29.66 | 2:16.10 |
| 13 | Holly Kendall | 10 | Barrow | 3:00.35 | 55.79 | 1:26.76 | 2:16.77 |
| 14 | Jessica Rose | 10 | Carlisle WP | 3:05.18 | 42.81 | 1:31.31 | 2:19.51 |
| 15 | Isla Black | 11 | Co Carlisle | 3:07.15 | 42.73 | 1:30.68 | 2:21.24 |
| 16 | Emma Brough | 10 | Carlisle WP | 3:08.79 | 42.86 | 1:32.75 | 2:23.11 |
| 17 | Annabel Boleta | 11 | Kendal | 3:09.21 | 43.43 | 1:32.36 | 2:22.40 |
| 18 | Lucinda Macmillan | 11 | Carlisle WP | 3:09.81 | 42.42 | 1:31.45 | 2:22.33 |
| 19 | Hannah Haney | 11 | Workington | 3:10.54 | | | |
| 20 | Bryony Whitehead | 10 | Carlisle WP | 3:16.50 | 46.16 | 1:37.87 | 2:29.80 |
| 21 | Rosie Johnstone | 10 | Cockermouth | 3:20.78 | | | 2:31.71 |
| 22 | Lorna Taylor | 10 | Barrow | 3:26.21 | 48.37 | 1:43.41 | 2:38.24 |
| 23 | Caitlin Wren | 10 | Barrow | 3:26.99 | 49.07 | 1:42.80 | 2:37.70 |
| 24 | Jo Beattie | 10 | Copeland | 3:28.73 | | | |
| 25 | Alexandra Graham | 10 | Copeland | 3:30.42 | | | |
| 26 | Natasha Hall | 10 | Carlisle WP | 3:33.91 | 48.65 | 1:44.38 | 2:42.09 |
| 27 | Lucy Fleming | 10 | Workington | 3:35.96 | | | |
| | Heather Dawson | 11 | Barrow | DNC | | | |
| | Niamh Johnson | 11 | Barrow | DNC | | | |

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|-------------|---------|-------|---------|---------|
| 1 | Karlie Stockdale | 13 | Barrow | 2:15.43 | 31.33 | 1:05.49 | 1:41.02 |
| 2 | Kirby Kavanagh | 12 | Barrow | 2:28.96 | 34.01 | 1:12.17 | 1:50.91 |
| 3 | Hannah Fowler | 12 | Copeland | 2:31.79 | 36.20 | 1:15.35 | 1:54.77 |
| 4 | Michela Kellet | 13 | Cockermouth | 2:32.17 | 36.38 | 1:14.73 | 1:53.87 |

| | | | | | | | |
|----|---------------------|----|--------------|---------|-------|---------|---------|
| 5 | Rebecca Bailey | 13 | Cockermouth | 2:33.37 | 36.10 | 1:15.23 | 1:55.17 |
| 6 | Laura Marr | 12 | Copeland | 2:35.70 | 36.75 | 1:16.39 | 1:57.24 |
| 7 | Shannon Mossop | 12 | Copeland | 2:36.48 | 36.80 | 1:17.03 | 1:58.00 |
| 8 | Louise Bell | 12 | Carlisle WP | 2:47.84 | 39.02 | 1:22.97 | 2:07.35 |
| 9 | Alexandra Armstrong | 13 | Carlisle WP | 2:49.22 | 40.05 | 1:23.41 | 2:07.40 |
| 10 | Sophie Mcmillan | 12 | Carlisle WP | 2:49.37 | 38.25 | 1:21.76 | 2:06.88 |
| 11 | Aimee Mann | 12 | Barrow | 2:51.49 | 39.21 | 1:23.43 | 2:08.96 |
| 12 | Sarah Beattie | 12 | Copeland | 3:10.42 | | | |
| 13 | Rosie Russell cohen | 12 | Troutbeck Br | 3:16.17 | | | 2:24.31 |
| 14 | Vicky Miskelly | 13 | Cockermouth | 3:31.88 | | | 2:36.53 |
| | Hazel Marsh | 12 | Troutbeck Br | DNC | | | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|-------------|---------|-------|---------|---------|
| 1 | Lucy Warwick | 14 | Carlisle WP | 2:23.66 | 32.99 | 1:09.25 | 1:46.86 |
| 2 | Lorna Hughes | 14 | Workington | 2:23.73 | 32.80 | 1:09.46 | 1:46.93 |
| 3 | Katrina Maccoll | 15 | Co Carlisle | 2:24.48 | 32.13 | 1:09.35 | 1:46.93 |
| 4 | Charlotte Horner | 14 | Copeland | 2:25.47 | 34.29 | 1:10.92 | 1:48.72 |
| 5 | Courtney Mossop | 15 | Copeland | 2:34.98 | 37.15 | 1:17.32 | 1:57.02 |
| 6 | Emma Studholme | 14 | Carlisle WP | 2:36.42 | 36.67 | 1:16.75 | 1:58.36 |

EVENT 14 Boys Open 200m Freestyle

09 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------------------|-----|-------------|---------|-------|---------|---------|
| 1 | Elliot Routledge | 9 | Workington | 2:52.07 | 39.70 | 1:25.33 | 2:12.20 |
| 2 | Joshua Brenan | 9 | Copeland | 3:07.62 | 40.94 | 1:30.78 | 2:20.72 |
| 3 | Ben Leighton | 9 | Co Carlisle | 3:08.76 | 39.97 | 1:29.65 | 2:20.48 |
| 4 | Joseph Sharpe | 9 | Barrow | 3:12.14 | 45.26 | 1:34.98 | 2:26.23 |
| 5 | Robert Henderson | 9 | Co Carlisle | 3:29.70 | 46.83 | 1:42.69 | 2:37.76 |
| 6 | Luke Reid | 9 | Barrow | 3:29.96 | 48.45 | 1:44.56 | 2:40.19 |
| 7 | Adam Ellis | 9 | Barrow | 3:39.30 | 48.20 | 1:45.62 | 2:43.77 |
| 8 | Liam Studholme | 9 | Carlisle WP | 3:40.04 | 51.40 | 1:48.99 | 2:49.01 |
| 9 | Keiran Watson | 9 | Workington | 3:42.54 | 50.23 | 1:51.50 | 2:49.56 |
| 10 | Jake Stockdale | 9 | Barrow | 3:43.17 | 49.94 | 1:47.67 | 2:45.36 |
| 11 | Jamie Warriner | 9 | Barrow | 3:54.96 | 52.40 | 1:53.19 | 2:54.75 |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|---------------------|-----|--------------|---------|-------|---------|---------|
| 1 | Charlie Mcskeane | 10 | Co Carlisle | 2:37.73 | 34.89 | 1:15.42 | 1:58.05 |
| 2 | Sean Brenan | 11 | Copeland | 2:43.91 | 36.63 | 1:18.13 | 2:02.14 |
| 3 | Scott Munro bennett | 11 | Troutbeck Br | 2:44.76 | 38.21 | 1:22.08 | 2:05.76 |
| 4 | Vincent Sue | 11 | Barrow | 2:48.53 | 39.36 | 1:23.83 | 2:07.57 |
| 5 | Richard Stamper | 11 | Copeland | 2:50.30 | 39.27 | 1:24.01 | 2:09.33 |
| 6 | Michael Cheetham | 11 | Ulverston | 2:52.39 | 41.09 | 1:25.35 | 2:09.86 |
| 7 | Ben Carhart | 11 | Copeland | 3:02.89 | 39.22 | 1:26.02 | 2:14.88 |
| 8 | Sebastian Barry | 10 | Ulverston | 3:08.81 | 42.78 | 1:29.76 | 2:19.22 |
| 9 | Michael Studholme | 11 | Carlisle WP | 3:10.53 | 42.29 | 1:30.98 | 2:20.79 |
| 10 | Bradley Kavanagh | 11 | Barrow | 3:11.12 | 45.02 | 1:35.67 | 2:24.82 |
| 11 | Matthew Swan | 10 | Ulverston | 3:11.61 | 44.36 | 1:37.96 | 2:29.51 |
| 12 | Jack Earl | 10 | Workington | 3:19.99 | 45.14 | 1:38.74 | 2:30.18 |
| 13 | Robbie Harris | 11 | Carlisle WP | 3:22.89 | 46.55 | 1:38.17 | 2:32.56 |
| 14 | Richard Marr | 10 | Copeland | 3:32.30 | 50.43 | 1:43.83 | 2:38.11 |
| 15 | Callum Seton | 10 | Troutbeck Br | 3:42.22 | 49.31 | 1:48.00 | 2:47.08 |
| | Scott Bailey | 11 | Copeland | DNC | | | |

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|------|-----|------|------|----|-----|-----|
|-------|------|-----|------|------|----|-----|-----|

| | | | | | | | |
|----|------------------|----|-------------|---------|-------|---------|---------|
| 1 | Fraser Minnican | 12 | Barrow | 2:09.37 | 30.47 | 1:03.46 | 1:37.34 |
| 2 | Noel Howson | 13 | Carlisle WP | 2:22.70 | 32.13 | 1:08.11 | 1:45.58 |
| 3 | Ryan Wilkie | 13 | Carlisle WP | 2:25.06 | 32.71 | 1:10.35 | 1:48.41 |
| 4 | Haydn Birkett | 13 | Copeland | 2:28.99 | 33.13 | 1:11.17 | 1:50.69 |
| 5 | Jack Kenwright | 12 | Co Carlisle | 2:30.37 | 33.78 | 1:12.58 | 1:52.55 |
| 6 | Tom Clements | 13 | Barrow | 2:31.69 | 35.79 | 1:14.37 | 1:53.73 |
| 7 | Andrew Kerr | 12 | Barrow | 2:31.76 | 36.66 | 1:15.73 | 1:55.01 |
| 8 | Jack Lee | 12 | Co Carlisle | 2:40.28 | 37.10 | 1:18.17 | 2:00.34 |
| 9 | James Henderson | 12 | Co Carlisle | 2:40.58 | 35.59 | 1:17.42 | 1:59.81 |
| 10 | Joseph Richards | 12 | Ulverston | 2:46.32 | 38.45 | 1:21.57 | 2:05.78 |
| 11 | Ross Campbell | 12 | Ulverston | 2:49.45 | 41.37 | 1:25.85 | 2:09.42 |
| 12 | Paul Baldueza | 12 | Copeland | 3:00.52 | 42.44 | 1:28.95 | 2:15.87 |
| | Andrew Mcalinden | 12 | Barrow | DNC | | | |
| | Curtis Corrie | 13 | Barrow | DNC | | | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 | |
|-------|---------------------|-----|-------------|---------|-------|---------|---------|---------|
| 1 | Steven Swinglehurst | 15 | Carlisle WP | 2:06.08 | 28.71 | 59.92 | 1:33.02 | |
| 2 | Matthew Grieve | 15 | Carlisle WP | 2:18.20 | 32.03 | 1:07.17 | 1:43.03 | |
| 3 | Matthew Holmes | 14 | Barrow | 2:21.22 | 31.37 | 1:07.53 | 1:44.65 | |
| 4 | Joseph Hilton | 15 | Barrow | 2:22.58 | 30.84 | 1:07.83 | 1:45.95 | |
| 5 | Jason Bell | 14 | Carlisle WP | 2:25.87 | 34.32 | 1:12.45 | 1:50.44 | |
| 6 | Paul Van iterson | 14 | Carlisle WP | 2:25.97 | 33.62 | 1:11.36 | 1:50.41 | |
| 7 | Daniel North | 15 | Barrow | 2:30.58 | 34.16 | 1:12.49 | 1:52.18 | |
| 8 | Michael Robinson | 14 | Carlisle WP | 2:30.91 | 35.12 | 1:14.25 | 1:54.07 | |
| | John Blain | 15 | Barrow | DQ | S-4L | 28.08 | 1:16.45 | 1:51.27 |

16 Yrs/Over Age Group

| Place | Name | AaD | Club | Time | 50 | 100 | 150 |
|-------|--------------|-----|--------------|---------|-------|---------|---------|
| 1 | Graham Blair | 16 | Copeland | 2:21.07 | 32.03 | 1:08.24 | 1:45.30 |
| 2 | Ben Davis | 17 | Troutbeck Br | 2:24.47 | 32.94 | 1:09.68 | 1:47.12 |

EVENT 15 Girls 12 Yrs/Over 100m Breaststroke

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 | |
|-------|----------------------|-----|--------------|---------|-------|---------|
| 1 | Kirby Kavanagh | 12 | Barrow | 1:27.40 | 41.32 | |
| 2 | Anna Broadbent | 12 | Cockermouth | 1:27.92 | 42.28 | |
| 3 | Rebecca Bailey | 13 | Cockermouth | 1:33.52 | 44.09 | |
| 4 | Zoe Barrett | 13 | Troutbeck Br | 1:34.21 | 45.04 | |
| 5 | Shannon Mossop | 12 | Copeland | 1:34.57 | 45.03 | |
| 6 | Lauren Munro bennett | 13 | Troutbeck Br | 1:36.24 | 45.51 | |
| 7 | Hannah Fowler | 12 | Copeland | 1:37.13 | 46.40 | |
| 8 | Sophie Mcmillan | 12 | Carlisle WP | 1:37.36 | 47.41 | |
| 9 | Diana Ridley | 13 | Workington | 1:37.61 | 47.01 | |
| 10 | Esme Kilshaw | 12 | Carnforth | 1:37.65 | 46.22 | |
| 11 | Michela Kellet | 13 | Cockermouth | 1:38.07 | 47.22 | |
| 12 | Sophie Houghton | 12 | Cockermouth | 1:44.32 | 48.59 | |
| 13 | Louise Bell | 12 | Carlisle WP | 1:44.81 | 49.84 | |
| 14 | Aimee Mann | 12 | Barrow | 1:45.02 | 48.72 | |
| 15 | Rosie Russell cohen | 12 | Troutbeck Br | 1:45.26 | 49.96 | |
| 16 | Laura Garrick | 12 | Troutbeck Br | 1:46.92 | 50.52 | |
| 17 | Sarah Beattie | 12 | Copeland | 1:50.01 | 51.24 | |
| 18 | Vicky Miskelly | 13 | Cockermouth | 2:04.12 | 57.10 | |
| | Abigail Stoker | 13 | Copeland | DQ | SL-1L | 1:07.63 |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------|-----|------|------|----|
|-------|------|-----|------|------|----|

| | | | | | |
|-----------------------|------------------|-----|--------------|---------|-------|
| 1 | Charlotte Horner | 14 | Copeland | 1:23.26 | 40.18 |
| 2 | Lucy Warwick | 14 | Carlisle WP | 1:24.34 | 40.18 |
| 3 | Laura Ward | 14 | Carlisle WP | 1:26.55 | 40.66 |
| 4 | Courtney Mossop | 15 | Copeland | 1:26.65 | 41.09 |
| 5 | Sarah Hill | 15 | Workington | 1:32.01 | 43.15 |
| 6 | Emma Studholme | 14 | Carlisle WP | 1:32.57 | 44.19 |
| 7 | Katrina Maccoll | 15 | Co Carlisle | 1:32.84 | 43.28 |
| 16 Yrs/Over Age Group | | | | | |
| Place | Name | AaD | Club | Time | 50 |
| 1 | Suzanne Horner | 42 | Copeland | 1:27.46 | 42.52 |
| 2 | Hannah Noble | 17 | Troutbeck Br | 1:32.57 | 42.88 |

EVENT 16 Boys 12 Yrs/Over 100m Breaststroke
12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|-------------|---------|-------|
| 1 | James Henderson | 12 | Co Carlisle | 1:28.36 | 41.61 |
| 2 | Haydn Birkett | 13 | Copeland | 1:28.75 | 41.89 |
| 3 | Cameron Jeal | 13 | Penrith | 1:32.89 | 43.19 |
| 4 | Noel Howson | 13 | Carlisle WP | 1:34.15 | 44.64 |
| 5 | Alex Clark | 13 | Cockermouth | 1:34.96 | 45.10 |
| 6 | Jack Kenwright | 12 | Co Carlisle | 1:39.17 | 45.95 |
| 7 | Tom Clements | 13 | Barrow | 1:40.63 | 48.42 |
| 8 | Paul Baldueza | 12 | Copeland | 1:44.39 | 49.63 |
| 9 | Andrew Mcalinden | 12 | Barrow | 1:44.55 | 49.43 |
| 10 | Ross Campbell | 12 | Ulverston | 1:46.66 | 50.75 |
| 11 | Oliver Armstrong | 12 | Co Carlisle | 1:47.42 | 50.29 |
| 12 | Andrew Robinson | 12 | Carlisle WP | 1:48.95 | 52.78 |
| 13 | Joseph Richards | 12 | Ulverston | 1:50.58 | 52.49 |
| | Andrew Kerr | 12 | Barrow | DNC | |
| | Curtis Corrie | 13 | Barrow | DNC | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|--------------|---------|-------|
| 1 | Matthew Grieve | 15 | Carlisle WP | 1:19.85 | 38.62 |
| 2 | Michael Robinson | 14 | Carlisle WP | 1:21.66 | 38.77 |
| 3 | Joseph Hilton | 15 | Barrow | 1:24.53 | 39.88 |
| 4 | Matthew Holmes | 14 | Barrow | 1:24.60 | 39.55 |
| 5 | Daniel North | 15 | Barrow | 1:28.98 | 41.65 |
| 6 | Mark Davis | 14 | Troutbeck Br | 1:30.94 | 40.81 |

16 Yrs/Over Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|--------------|-----|--------------|---------|-------|
| 1 | Daniel Booth | 33 | Troutbeck Br | 1:30.65 | 42.78 |
| 2 | Graham Blair | 16 | Copeland | 1:32.87 | 45.04 |

EVENT 17 Girls 09/11 Yrs 50m Backstroke

09 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|----------------------|-----|--------------|-------|
| 1 | Chloe Carr | 9 | Copeland | 47.57 |
| 2 | Ruth Mcewen | 9 | Barrow | 47.68 |
| 3 | Lucy jane Wilson | 9 | Carlisle WP | 48.08 |
| 4 | Becky Robertshaw | 9 | Carlisle WP | 50.90 |
| 5 | Amber Patterson | 9 | Co Carlisle | 50.91 |
| 6 | Abbie Wild | 9 | Troutbeck Br | 52.35 |
| 7 | Annalise Younghusban | 9 | Workington | 53.82 |

| | | | | |
|----|-----------------|---|--------------|---------|
| 8 | Amy Dalzell | 9 | Kendal | 53.92 |
| 9 | Laura Moore | 9 | Copeland | 57.27 |
| 10 | Poppy Balmer | 9 | Cockermouth | 1:00.83 |
| 11 | Courtney Knight | 9 | Troutbeck Br | 1:11.65 |
| | Jordan Brooks | 9 | Barrow | DNC |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|----------------------|-----|--------------|-------|
| 1 | Holly Kendall | 10 | Barrow | 41.10 |
| 2 | India Hutchason | 11 | Barrow | 41.21 |
| 3 | Lauren Watson | 11 | Co Carlisle | 42.04 |
| 4 | Emily Wild | 10 | Troutbeck Br | 42.39 |
| 5 | Leah Mansergh | 11 | Co Carlisle | 42.95 |
| 6 | Rebekah Booth | 11 | Troutbeck Br | 43.06 |
| 7 | Jessica Rose | 10 | Carlisle WP | 43.25 |
| 8 | Rebecca Lightowler | 11 | Carlisle WP | 43.41 |
| 9 | Lucinda Macmillan | 11 | Carlisle WP | 43.98 |
| 10 | Olivia Williams | 10 | Kendal | 44.46 |
| 11 | Hannah Haney | 11 | Workington | 44.71 |
| 12 | Annabel Boleta | 11 | Kendal | 45.22 |
| 13 | Courtney Watson | 11 | Workington | 45.26 |
| 14 | Caitlin Wren | 10 | Barrow | 45.30 |
| 15 | Rebecca Clark | 10 | Cockermouth | 45.48 |
| 16 | Rebecca Titterington | 10 | Penrith | 45.60 |
| 17 | Bryony Whitehead | 10 | Carlisle WP | 45.93 |
| 18 | Chloe Patterson | 11 | Co Carlisle | 46.38 |
| 19 | Emma Brough | 10 | Carlisle WP | 46.50 |
| 20 | Stephanie Booth | 10 | Troutbeck Br | 46.83 |
| 21 | Rosie Johnstone | 10 | Cockermouth | 46.87 |
| 22 | Eleanor Hatch | 11 | Cockermouth | 47.49 |
| 23 | Emily Dalzell | 10 | Kendal | 47.75 |
| 24 | Lorna Taylor | 10 | Barrow | 48.01 |
| 25 | Alexandra Graham | 10 | Copeland | 48.02 |
| 26 | Natasha Hall | 10 | Carlisle WP | 48.70 |
| 27 | Aisling Mccracken | 10 | Barrow | 48.79 |
| 28 | Bethany Clark | 10 | Co Carlisle | 49.64 |
| 29 | Roxanne Davies | 11 | Barrow | 50.63 |
| 30 | Josie Danson | 11 | Carlisle WP | 51.81 |
| 31 | Lucy Fleming | 10 | Workington | 53.56 |
| 32 | Megan Jones | 10 | Copeland | 54.43 |
| 33 | Natasha Knight | 11 | Troutbeck Br | 55.97 |
| 34 | Elizabeth Howell | 11 | Cockermouth | 57.49 |
| | Heather Dawson | 11 | Barrow | DNC |

EVENT 18 Boys 09/11 Yrs 50m Backstroke

09 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|--------------------|-----|-------------|-------|
| | Andrew Jeal | 9 | Penrith | 45.21 |
| 1 | Joshua Brenan | 9 | Copeland | 47.87 |
| 2 | Joseph Sharpe | 9 | Barrow | 47.89 |
| 3 | Andrew Shakespeare | 9 | Workington | 48.21 |
| 4 | Nicholas Maudling | 9 | Copeland | 48.63 |
| 5 | Alex Armstrong | 9 | Carlisle WP | 50.10 |
| 6 | Luke Dalzell | 9 | Kendal | 52.12 |
| 7 | Liam Studholme | 9 | Carlisle WP | 52.24 |

Speeding Ticket

| | | | | | |
|----|----------------|---|-------------|---------|------|
| 8 | Keiran Watson | 9 | Workington | 53.33 | |
| 9 | Josh Russell | 9 | Co Carlisle | 53.85 | |
| 10 | Alistair Craig | 9 | Copeland | 54.36 | |
| 11 | Adam Ellis | 9 | Barrow | 55.98 | |
| 12 | Jake Stockdale | 9 | Barrow | 57.96 | |
| 13 | Jamie Warriner | 9 | Barrow | 1:01.35 | |
| | John Stoker | 9 | Copeland | DQ | T-1L |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time | |
|-------|-------------------|-----|--------------|---------|-----------------|
| | Scott Bailey | 11 | Copeland | 40.77 | Speeding Ticket |
| 1 | Michael Cheetham | 11 | Ulverston | 41.91 | |
| 2 | Vincent Sue | 11 | Barrow | 42.62 | |
| 3 | Ben Carhart | 11 | Copeland | 42.76 | |
| 4 | Matthew Swan | 10 | Ulverston | 43.05 | |
| 5 | Richard Stamper | 11 | Copeland | 43.39 | |
| 6 | James Porthouse | 10 | Workington | 44.58 | |
| 7 | Sebastian Barry | 10 | Ulverston | 45.35 | |
| 8 | Christian Balmer | 11 | Cockermouth | 46.99 | |
| 9 | Michael Studholme | 11 | Carlisle WP | 47.10 | |
| 10 | Daniel Nixon | 11 | Barrow | 48.58 | |
| 11 | Jamie Edmondson | 11 | Workington | 49.08 | |
| 12 | Alistair Martin | 10 | Cockermouth | 51.09 | |
| 13 | Jack Earl | 10 | Workington | 51.21 | |
| 14 | Richard Marr | 10 | Copeland | 51.34 | |
| 15 | Callum Seton | 10 | Troutbeck Br | 53.85 | |
| 16 | Andrew Mullins | 10 | Co Carlisle | 56.70 | |
| 17 | Ben Brownbridge | 10 | Copeland | 1:00.85 | |
| 18 | Adam Walker | 11 | Ulverston | 1:03.52 | |
| | Mitchell Sloan | 10 | Copeland | DNC | |
| | Michael Maudling | 11 | Copeland | DNC | |
| | Robbie Harris | 11 | Carlisle WP | DQ | T-1L |

EVENT 19 Girls 12 Yrs/Over 100m Backstroke

12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|----------------------|-----|--------------|---------|-------|
| 1 | Anna Broadbent | 12 | Cockermouth | 1:17.81 | 37.79 |
| 2 | Michela Kellet | 13 | Cockermouth | 1:20.99 | 40.32 |
| 3 | Rebecca Bailey | 13 | Cockermouth | 1:21.63 | 39.78 |
| 4 | Kirby Kavanagh | 12 | Barrow | 1:22.34 | 40.27 |
| 5 | Diana Ridley | 13 | Workington | 1:22.80 | 41.12 |
| 6 | Sophie Mcmillan | 12 | Carlisle WP | 1:23.32 | 40.49 |
| 7 | Lauren Munro bennett | 13 | Troutbeck Br | 1:27.47 | 41.50 |
| 8 | Alexandra Armstrong | 13 | Carlisle WP | 1:28.07 | 43.26 |
| 9 | Hazel Marsh | 12 | Troutbeck Br | 1:28.54 | 43.07 |
| 10 | Shannon Mossop | 12 | Copeland | 1:29.17 | 44.57 |
| 11 | Laura Garrick | 12 | Troutbeck Br | 1:29.31 | 43.71 |
| 12 | Laura Marr | 12 | Copeland | 1:29.69 | 43.06 |
| 13 | Aimee Mann | 12 | Barrow | 1:30.42 | 43.75 |
| 14 | Sophie Houghton | 12 | Cockermouth | 1:35.22 | 44.48 |
| 15 | Vicky Miskelly | 13 | Cockermouth | 1:57.85 | 55.25 |
| | Courtney Savage | 12 | Co Carlisle | DNC | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|-----------------|-----|-------------|---------|-------|
| 1 | Katrina Maccoll | 15 | Co Carlisle | 1:16.50 | 36.77 |

| | | | | | |
|---|------------------|----|-------------|---------|-------|
| 2 | Emma Studholme | 14 | Carlisle WP | 1:17.58 | 37.77 |
| 3 | Lorna Hughes | 14 | Workington | 1:18.50 | 38.56 |
| 4 | Courtney Mossop | 15 | Copeland | 1:19.36 | 38.39 |
| 5 | Charlotte Horner | 14 | Copeland | 1:19.37 | 38.52 |
| 6 | Lucy Warwick | 14 | Carlisle WP | 1:20.24 | 38.91 |
| 7 | Sarah Hill | 15 | Workington | 1:21.63 | 39.89 |

EVENT 20 Boys 12 Yrs/Over 100m Backstroke
12/13 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|-------------|---------|-------|
| 1 | Ryan Wilkie | 13 | Carlisle WP | 1:15.57 | 36.13 |
| 2 | Jack Kenwright | 12 | Co Carlisle | 1:17.15 | 38.17 |
| 3 | Cameron Jeal | 13 | Penrith | 1:18.20 | 38.19 |
| 4 | Haydn Birkett | 13 | Copeland | 1:19.33 | 38.11 |
| 5 | Andrew Kerr | 12 | Barrow | 1:19.51 | 39.86 |
| 6 | Jack Lee | 12 | Co Carlisle | 1:20.49 | 40.00 |
| 7 | James Henderson | 12 | Co Carlisle | 1:21.45 | 39.45 |
| 8 | Ross Campbell | 12 | Ulverston | 1:22.49 | 41.07 |
| 9 | Andrew Mcalinden | 12 | Barrow | 1:23.74 | 41.47 |
| 10 | Andrew Robinson | 12 | Carlisle WP | 1:23.75 | 41.16 |
| 11 | Joseph Richards | 12 | Ulverston | 1:32.64 | 46.02 |
| 12 | Paul Baldueza | 12 | Copeland | 1:36.16 | 46.50 |
| | Tom Clements | 13 | Barrow | DNC | |

14/15 Yrs Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|------------------|-----|-------------|---------|-------|
| 1 | Matthew Holmes | 14 | Barrow | 1:12.86 | 36.32 |
| 2 | Paul Van iterson | 14 | Carlisle WP | 1:14.12 | 36.17 |
| 3 | Matthew Grieve | 15 | Carlisle WP | 1:14.64 | 37.09 |
| 4 | Joseph Hilton | 15 | Barrow | 1:16.10 | 37.28 |
| 5 | Jason Bell | 14 | Carlisle WP | 1:19.01 | 39.52 |
| 6 | Michael Robinson | 14 | Carlisle WP | 1:21.51 | 38.96 |
| | Daniel North | 15 | Barrow | DNC | |

16 Yrs/Over Age Group

| Place | Name | AaD | Club | Time | 50 |
|-------|--------------|-----|--------------|---------|-------|
| 1 | Ben Davis | 17 | Troutbeck Br | 1:17.64 | 38.74 |
| 2 | Graham Blair | 16 | Copeland | 1:19.91 | 38.89 |

EVENT 21 Girls Open 50m Freestyle

09 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|----------------------|-----|--------------|---------|
| 1 | Sophia Brenan | 9 | Copeland | 37.45 |
| 2 | Ruth Mcewen | 9 | Barrow | 40.71 |
| 3 | Lucy jane Wilson | 9 | Carlisle WP | 42.59 |
| 4 | Chloe Carr | 9 | Copeland | 43.45 |
| 5 | Amy Dalzell | 9 | Kendal | 43.68 |
| 6 | Laura Moore | 9 | Copeland | 44.94 |
| 7 | Becky Robertshaw | 9 | Carlisle WP | 45.76 |
| 8 | Annalise Younghusban | 9 | Workington | 46.56 |
| 9 | Abbie Wild | 9 | Troutbeck Br | 48.50 |
| 10 | Amber Patterson | 9 | Co Carlisle | 49.40 |
| 11 | Poppy Balmer | 9 | Cockermouth | 52.74 |
| 12 | Courtney Knight | 9 | Troutbeck Br | 1:18.73 |
| | Jordan Brooks | 9 | Barrow | DNC |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|----------------------|-----|--------------|-------|
| 1 | Becky Walley | 11 | Copeland | 31.67 |
| 2 | Molly Kenwright | 11 | Co Carlisle | 32.45 |
| 3 | Anna Newlands | 10 | Copeland | 33.07 |
| 4 | Clara Minnican | 11 | Barrow | 33.68 |
| 5 | Lauren Graham | 11 | Copeland | 34.08 |
| 6 | Katie Higgins | 11 | Carlisle WP | 34.49 |
| 7 | Rebecca Reid | 11 | Barrow | 35.32 |
| 8 | Holly Kendall | 10 | Barrow | 35.68 |
| 9 | Hayley Mcgarr | 11 | Carlisle WP | 35.81 |
| 10 | India Hutchason | 11 | Barrow | 36.30 |
| 11 | Isla Black | 11 | Co Carlisle | 36.54 |
| 12 | Courtney Watson | 11 | Workington | 37.12 |
| 13 | Rebecca Lightowler | 11 | Carlisle WP | 37.18 |
| 14 | Annabel Boleta | 11 | Kendal | 37.39 |
| 15 | Lauren Watson | 11 | Co Carlisle | 37.50 |
| 16 | Olivia Williams | 10 | Kendal | 37.58 |
| 17 | Rebekah Booth | 11 | Troutbeck Br | 37.72 |
| 18 | Jessica Rose | 10 | Carlisle WP | 38.30 |
| 19 | Leah Mansergh | 11 | Co Carlisle | 38.33 |
| 20 | Caitlin Wren | 10 | Barrow | 38.75 |
| 21 | Lucinda Macmillan | 11 | Carlisle WP | 39.07 |
| 22 | Emily Wild | 10 | Troutbeck Br | 39.30 |
| 23 | Emily Dalzell | 10 | Kendal | 39.51 |
| 24 | Alexandra Graham | 10 | Copeland | 39.80 |
| 25 | Rebecca Titterington | 10 | Penrith | 40.01 |
| 26 | Bryony Whitehead | 10 | Carlisle WP | 40.08 |
| 27 | Stephanie Booth | 10 | Troutbeck Br | 40.11 |
| 28 | Hannah Haney | 11 | Workington | 40.56 |
| 29 | Emma Brough | 10 | Carlisle WP | 40.63 |
| 30 | Jo Beattie | 10 | Copeland | 40.90 |
| 31 | Lorna Taylor | 10 | Barrow | 41.14 |
| 32 | Rebecca Clark | 10 | Cockermouth | 41.23 |
| 33 | Chloe Patterson | 11 | Co Carlisle | 41.67 |
| 34 | Rosie Johnstone | 10 | Cockermouth | 42.02 |
| 35 | Eleanor Hath | 11 | Cockermouth | 42.42 |
| 36 | Natasha Hall | 10 | Carlisle WP | 43.06 |
| 37 | Lucy Fleming | 10 | Workington | 44.98 |
| 38 | Aisling Mccracken | 10 | Barrow | 45.86 |
| 39 | Megan Jones | 10 | Copeland | 45.97 |
| 40 | Elizabeth Howell | 11 | Cockermouth | 48.29 |
| 41 | Josie Danson | 11 | Carlisle WP | 50.65 |
| 42 | Natasha Knight | 11 | Troutbeck Br | 54.32 |
| | Heather Dawson | 11 | Barrow | DNC |
| | Niamh Johnson | 11 | Barrow | DNC |

12 Yrs/Over Age Group

| Place | Name | AaD | Club | Time |
|-------|-------------------|-----|-------------|-------|
| 1 | Charlotte Owen | 14 | Carlisle WP | 29.51 |
| 2 | Lorna Hughes | 14 | Workington | 29.60 |
| 3 | Katrina Maccoll | 15 | Co Carlisle | 29.88 |
| 4 | Laura Ward | 14 | Carlisle WP | 30.30 |
| 5 | Karlie Stockdale | 13 | Barrow | 30.54 |
| 6 | Miranda Broadbent | 13 | Cockermouth | 30.82 |
| 7 | Lucy Warwick | 14 | Carlisle WP | 31.17 |

| | | |
|-------------------------|-----------------|-------|
| 8 Kirby Kavanagh | 12 Barrow | 31.25 |
| 9 Hannah Noble | 17 Troutbeck Br | 31.36 |
| 10 Hannah Fowler | 12 Copeland | 31.79 |
| 10 Sarah Hill | 15 Workington | 31.79 |
| 12 Anna Broadbent | 12 Cockermonth | 31.89 |
| 13 Emma Studholme | 14 Carlisle WP | 31.91 |
| 14 Zoe Barrett | 13 Troutbeck Br | 32.19 |
| 15 Charlotte Horner | 14 Copeland | 32.21 |
| 16 Sophie Mcmillan | 12 Carlisle WP | 32.28 |
| 17 Courtney Mossop | 15 Copeland | 33.01 |
| 18 Michela Kellet | 13 Cockermonth | 33.51 |
| 19 Laura Marr | 12 Copeland | 33.58 |
| 20 Hazel Marsh | 12 Troutbeck Br | 33.78 |
| 21 Rebecca Bailey | 13 Cockermonth | 33.95 |
| 22 Shannon Mossop | 12 Copeland | 34.66 |
| 23 Aimee Mann | 12 Barrow | 35.43 |
| 24 Alexandra Armstrong | 13 Carlisle WP | 35.60 |
| 25 Sophie Houghton | 12 Cockermonth | 35.89 |
| 26 Lauren Munro bennett | 13 Troutbeck Br | 35.95 |
| 27 Louise Bell | 12 Carlisle WP | 36.12 |
| 28 Sarah Beattie | 12 Copeland | 37.36 |
| 29 Laura Garrick | 12 Troutbeck Br | 37.61 |
| 30 Rosie Russell cohen | 12 Troutbeck Br | 38.91 |
| 31 Vicky Miskelly | 13 Cockermonth | 43.21 |
| Esme Kilshaw | 12 Carnforth | DNC |

EVENT 22 Boys Open 50m Freestyle
09 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|--------------------|-----|-------------|---------|
| 1 | Elliot Routledge | 9 | Workington | 35.65 |
| 2 | Joshua Brenan | 9 | Copeland | 38.38 |
| 2 | Ben Leighton | 9 | Co Carlisle | 38.38 |
| 4 | Alistair Jeal | 9 | Penrith | 40.41 |
| 5 | Joseph Sharpe | 9 | Barrow | 41.18 |
| 6 | Nicholas Maudling | 9 | Copeland | 42.05 |
| 7 | Robert Henderson | 9 | Co Carlisle | 42.18 |
| 8 | Luke Reid | 9 | Barrow | 42.37 |
| 9 | Andrew Jeal | 9 | Penrith | 42.96 |
| 10 | Alex Armstrong | 9 | Carlisle WP | 43.23 |
| 11 | Adam Ellis | 9 | Barrow | 43.49 |
| 12 | Luke Dalzell | 9 | Kendal | 45.02 |
| 13 | Liam Studholme | 9 | Carlisle WP | 45.06 |
| 14 | Josh Russell | 9 | Co Carlisle | 45.95 |
| 15 | Jake Stockdale | 9 | Barrow | 47.42 |
| 16 | Keiran Watson | 9 | Workington | 48.41 |
| 17 | Jamie Warriner | 9 | Barrow | 49.06 |
| 18 | Alistair Craig | 9 | Copeland | 49.92 |
| 19 | John Stoker | 9 | Copeland | 1:29.52 |
| | Andrew Shakespeare | 9 | Workington | DNC |

10/11 Yrs Age Group

| Place | Name | AaD | Club | Time |
|-------|------------------|-----|-------------|-------|
| 1 | Charlie Mcskeane | 10 | Co Carlisle | 32.18 |
| 2 | Scott Bailey | 11 | Copeland | 33.64 |
| 3 | Richard Stamper | 11 | Copeland | 34.33 |

| | | | | | |
|----|---------------------|----|--------------|-------|-----|
| 4 | Vincent Sue | 11 | Barrow | 35.16 | |
| 5 | Michael Cheetham | 11 | Ulverston | 36.06 | |
| 6 | Ben Carhart | 11 | Copeland | 36.60 | |
| 7 | Bradley Kavanagh | 11 | Barrow | 36.86 | |
| 8 | Sebastian Barry | 10 | Ulverston | 37.57 | |
| 9 | Sam Holland | 10 | Carnforth | 38.00 | |
| 10 | Michael Studholme | 11 | Carlisle WP | 38.20 | |
| 11 | Matthew Swan | 10 | Ulverston | 38.44 | |
| 12 | Christian Balmer | 11 | Cockermouth | 38.70 | |
| 13 | Robbie Harris | 11 | Carlisle WP | 40.29 | |
| 14 | Jamie Edmondson | 11 | Workington | 41.03 | |
| 15 | Jack Earl | 10 | Workington | 41.19 | |
| 16 | James Porthouse | 10 | Workington | 41.28 | |
| 17 | Myles Kilshaw | 10 | Kendal | 42.67 | |
| 18 | Callum Seton | 10 | Troutbeck Br | 43.69 | |
| 19 | Alistair Martin | 10 | Cockermouth | 43.88 | |
| 20 | Andrew Mullins | 10 | Co Carlisle | 44.54 | |
| 21 | Richard Marr | 10 | Copeland | 45.90 | |
| 22 | Adam Walker | 11 | Ulverston | 48.27 | |
| 23 | Ben Brownbridge | 10 | Copeland | 54.52 | |
| | Mitchell Sloan | 10 | Copeland | DNC | |
| | Michael Maudling | 11 | Copeland | DNC | |
| | Sean Brenan | 11 | Copeland | DNC | |
| | Daniel Nixon | 11 | Barrow | DQ | ST- |
| | Scott Munro bennett | 11 | Troutbeck Br | DQ | ST- |

12 Yrs/Over Age Group

| Place | Name | AaD | Club | Time |
|-------|---------------------|-----|--------------|-------|
| 1 | Lewis Bailey | 16 | Copeland | 24.79 |
| 2 | Steven Swinglehurst | 15 | Carlisle WP | 26.16 |
| 3 | John Blain | 15 | Barrow | 26.25 |
| 4 | Ben Davis | 17 | Troutbeck Br | 27.81 |
| 5 | Fraser Minnican | 12 | Barrow | 28.35 |
| 6 | Matthew Grieve | 15 | Carlisle WP | 28.50 |
| 7 | Matthew Holmes | 14 | Barrow | 28.59 |
| 8 | Joseph Hilton | 15 | Barrow | 28.62 |
| 9 | Mark Davis | 14 | Troutbeck Br | 29.05 |
| 10 | Daniel Booth | 33 | Troutbeck Br | 29.06 |
| 11 | Graham Blair | 16 | Copeland | 29.43 |
| 12 | Michael Robinson | 14 | Carlisle WP | 29.45 |
| 13 | Noel Howson | 13 | Carlisle WP | 29.50 |
| 14 | Jason Bell | 14 | Carlisle WP | 30.01 |
| 15 | Sam Kaye | 16 | Troutbeck Br | 30.06 |
| 16 | Paul Van iterson | 14 | Carlisle WP | 30.07 |
| 17 | Ryan Wilkie | 13 | Carlisle WP | 30.46 |
| 18 | Haydn Birkett | 13 | Copeland | 30.52 |
| 19 | Jack Kenwright | 12 | Co Carlisle | 31.48 |
| 20 | Alex Clark | 13 | Cockermouth | 32.05 |
| 21 | James Henderson | 12 | Co Carlisle | 32.92 |
| 22 | Cameron Jeal | 13 | Penrith | 33.07 |
| 23 | Andrew Mcalinden | 12 | Barrow | 33.39 |
| 24 | Jack Lee | 12 | Co Carlisle | 33.70 |
| 25 | Andrew Robinson | 12 | Carlisle WP | 33.84 |
| 26 | Joseph Richards | 12 | Ulverston | 34.32 |
| 27 | Ross Campbell | 12 | Ulverston | 35.15 |
| 28 | Paul Baldueza | 12 | Copeland | 35.43 |

| | | | |
|---------------|----|--------------|-----|
| Matthew Kaye | 13 | Troutbeck Br | DNC |
| Andrew Kerr | 12 | Barrow | DNC |
| Daniel North | 15 | Barrow | DNC |
| Curtis Corrie | 13 | Barrow | DNC |